

# **Australian Government**

# **Department of Health**

# Therapeutic Goods Administration

## **Public Summary**

Summary for ARTG Entry: **NEUROCALM** 133023

ARTG entry for Medicine Listed

Sponsor Metagenics (Aust) Pty Ltd

Postal Address PO Box 675, VIRGINIA BC, QLD, 4014

15/11/2006 ARTG Start Date **Product Category** Medicine Status Active

Listed Medicines Approval Area

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

## **Products**

# 1. NEUROCALM

**Product Type Effective Date** 19/05/2020 Single Medicine Product

## **Permitted Indications**

Traditionally used in Western herbal medicine to antispasmodic/spasmolytic

Traditionally used in Chinese medicine to support healthy stress response in the body

Traditionally used in Western herbal medicine to support healthy stress response in the body

Traditionally used in Western herbal medicine to calms the mind

Traditionally used in Chinese medicine to calms the mind

Traditionally used in Western herbal medicine to aid/assist/helps mind relaxation

Traditionally used in Western herbal medicine to soothe/calm nerves

Traditionally used in Chinese medicine to soothe/calm nerves

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress

Linked indication - Decrease/reduce/relieve nervous tension/unrest

Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of mild anxiety

Linked indication - Decrease/reduce/relieve excessive perspiration/sweating

Linked indication - Relieve irritability

Linked indication - Decrease/reduce/relieve nervous tension/unrest

Linked indication - Decrease/reduce/relieve sleeplessness

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety

Linked indication - Relieve irritability
Linked indication - Decrease/reduce/relieve sleeplessness

Linked indication - Decrease/reduce/relieve nervous tension/unrest

Traditionally used in Chinese medicine to decrease/reduce/relieve headache symptoms

Linked indication - clear/cool/drain/purge/asthenic-heat/deficiency-heat

Linked indication - Maintain/support muscle relaxation

Traditionally used in Western herbal medicine to calmative/nervous system relaxant

Traditionally used in Western herbal medicine to decrease/reduce/relieve sleeplessness

# **Indication Requirements**

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# Therapeutic Goods Administration

Product presentation must only refer to mild anxiety.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Label statement: If symptoms persist, talk to your health professional.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

#### **Standard Indications**

No Standard Indications included on Record

## **Specific Indications**

No Specific Indications included on Record

# Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

## **Additional Product information**

## Pack Size/Poison information

Pack Size Poison Schedule

## Components

1. Formulation 1

Dosage Form Tablet, film coated

Route of Administration Or

Visual Identification

**Active Ingredients** 

Magnolia officinalis stem bark Extract dry concentrate

Equivalent: Magnolia officinalis (Dry)

Passiflora incarnata herb Extract dry concentrate

Equivalent: Passiflora incarnata (Dry)

Pueraria lobata root Extract dry concentrate

Equivalent: Pueraria lobata (Dry)

Ziziphus jujuba var. spinosa seed Extract dry concentrate

Equivalent: Ziziphus jujuba var. spinosa (Dry)

# Other Ingredients (Excipients)

carrageenan

croscarmellose sodium

macrogol 8000

microcrystalline cellulose

powdered cellulose

silicon dioxide

stearic acid

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300 mg

236.364 mg

166.667 mg

1.5 g

1.3 g

80 mg

2 g

3 g