



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:		153016	B Sustained Release
ARTG entry for	Medicine Listed		
Sponsor	Herbs of Gold Pty Ltd		
Postal Address	PO Box 3143, KIRRAWEE, NSW, 2232 Australia		
ARTG Start Date	11/06/2008		
Product Category	Medicine		
Status	Active		
Approval Area	Listed Medicines		

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . B Sustained Release

Product Type	Single Medicine Product	Effective Date	14/03/2023
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Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Helps convert (state food) into energy
- Maintain/support energy production
- Maintain/support general health and wellbeing
- Aid/assist healthy red blood cell production
- Maintain/support red blood cell health
- Maintain/support blood health
- Helps maintain/support haemoglobin formation/synthesis
- Maintain/support cardiovascular system health
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
- Support healthy stress response in the body
- Aid/assist/helps synthesis of neurotransmitters
- Maintain/support nervous system health
- Maintain/support nervous system function
- Help to prevent neural tube defects such as spina bifida and/or anencephaly
- Maintain/support skin health

Indication Requirements

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Indication can only be used for medicines that contain folic acid as an active ingredient and the recommended daily dose of the medicine provides a minimum of 400 micrograms of folic acid. Product presentation referring to the prevention of neural tube defects must include at least one of the following label statements: when trying to conceive and during the first trimester of pregnancy, and/or when taken at least four weeks before conception and during the first trimester of pregnancy.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Product presentation must not imply or refer to serious cardiovascular conditions.

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If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

If directed to women, Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
[Contains vitamin B6].

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, modified release

Route of Administration Oral

Visual Identification

Active Ingredients

ascorbic acid	200 mg
Biotin	50 microgram
calcium pantothenate	120 mg
Equivalent: pantothenic acid	109.9 mg
choline bitartrate	50 mg
cyanocobalamin	100 microgram
folic acid	400 microgram
inositol	50 mg
nicotinamide	100 mg
pyridoxine hydrochloride	75 mg
Equivalent: pyridoxine	61.7 mg
riboflavin	80 mg
thiamine hydrochloride	100 mg

Other Ingredients (Excipients)

Carnauba Wax
ethylcellulose
glyceryl behenate
hypromellose
iron oxide red
macrogol 8000
magnesium stearate
microcrystalline cellulose
silicon dioxide

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