



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

**Summary for ARTG Entry:** 166175 Acetyl L-Carnitine

**ARTG entry for** Medicine Listed  
**Sponsor** Herbs of Gold Pty Ltd  
**Postal Address** PO Box 3143, KIRRAWEE, NSW, 2232  
Australia  
**ARTG Start Date** 19/10/2009  
**Product Category** Medicine  
**Status** Active  
**Approval Area** Listed Medicines

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Acetyl L-Carnitine

**Product Type** Single Medicine Product **Effective Date** 23/09/2021

### Permitted Indications

Antioxidant/Reduce free radicals formed in the body  
Helps convert (state food) into energy  
Maintain/support energy production  
Maintain/support cardiovascular system health  
Maintain/support muscle performance/endurance/stamina  
Aid/assist/helps post exercise recovery  
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)  
Maintain/support cognitive function/mental function  
Maintain/support brain function  
Maintain/support nerve conduction  
Aid/assist/helps synthesis of neurotransmitters  
Maintain/support nervous system health  
Maintain/support nervous system function  
Maintain/support sperm health  
Maintain/support sperm motility  
Maintain/support sperm production

### Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to infertility.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

### Standard Indications

No Standard Indications included on Record

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**Specific Indications**

No Specific Indications included on Record

**Warnings**

No Warnings included on Record

**Additional Product information**

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

acetyl levocarnitine hydrochloride 500 mg

**Other Ingredients (Excipients)**

colloidal anhydrous silica

hypromellose

magnesium stearate

microcrystalline cellulose

purified water

silicon dioxide

sorbitol

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