



Australian Government

Department of Health, Disability and Ageing
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:		199381	Mushroom 5 Complex
ARTG entry for	Medicine Listed		
Sponsor	Herbs of Gold Pty Ltd		
Postal Address	Suite 802 Level 8 1-5 Chalmers Crescent Mascot, Sydney, NSW, 2020 Australia		
ARTG Start Date	17/07/2012		
Product Category	Medicine		
Status	Active		
Approval Area	Listed Medicines		

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Mushroom 5 Complex

Product Type	Single Medicine Product	Effective Date	25/08/2025
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Permitted Indications

Antioxidant/Reduce free radicals formed in the body
Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish Qi
Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish lungs
Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish lung-yin
Maintain/support immune system health
Maintain/support healthy immune system function
Traditionally used in Chinese medicine to loosen chest phlegm
Traditionally used in Chinese medicine to expectorant/clear respiratory tract mucous
Traditionally used in Chinese medicine to decrease/reduce/relieve cough
Traditionally used in Chinese medicine to lung tonic/Enhance lung health

Indication Requirements

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
Product presentation must not imply or refer to serious immunological diseases.
Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice (or words to that effect).
Label statement: If symptoms persist, talk to your health professional.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).

Additional Product information



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Pack Size/Poison information	
Pack Size	Poison Schedule
Components	
1 . Formulation 1	
Dosage Form	Capsule, hard
Route of Administration	Oral
Visual Identification	
Active Ingredients	
Cordyceps sinensis whole plant Extract dry concentrate	250 mg
Equivalent: Cordyceps sinensis (Dry)	1 g
Ganoderma lucidum whole plant Extract dry concentrate	100 mg
Equivalent: Ganoderma lucidum (Dry)	1 g
Lentinula edodes whole plant Extract dry concentrate	200 mg
Equivalent: Lentinula edodes (Dry)	2 g
Trametes versicolor whole plant Extract dry concentrate	50 mg
Equivalent: Trametes versicolor (Dry)	500 mg
Tremella fuciformis fruiting body Extract dry concentrate	50 mg
Equivalent: Tremella fuciformis (Dry)	1 g
Other Ingredients (Excipients)	
calcium hydrogen phosphate dihydrate	
colloidal anhydrous silica	
hypromellose	
magnesium stearate	
purified water	

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