



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	199607	METAGENICS RESILIAN
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	29/07/2012	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . METAGENICS RESILIAN

Product Type	Single Medicine Product	Effective Date	22/02/2020
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Permitted Indications

Maintain/support physical endurance/capacity/stamina
Traditionally used in Chinese medicine to help maintain/support emotional wellbeing
Traditionally used in Chinese medicine to decrease/reduce/relieve restlessness/excess nervous energy
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of stress
Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of stress
Linked indication - Decrease/reduce/relieve nervous tension/unrest
Linked indication - Decrease/reduce/relieve restlessness/excess nervous energy
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of mild anxiety
Maintain/support mental concentration/focus/clarity
Maintain/support nervous system function
Traditionally used in Chinese medicine to support healthy emotional/mood balance
Traditionally used in Chinese medicine to decrease/reduce/relieve sleeplessness
Traditionally used in Chinese medicine to decrease/reduce/relieve disturbed/restless sleep

Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.
Product presentation must not imply or refer to chronic fatigue syndrome.
Label statement: If symptoms persist, talk to your health professional.
Product presentation must only refer to mild anxiety.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record



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Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

Angelica polymorpha root Extract dry concentrate	49.5 mg
Equivalent: Angelica polymorpha (Dry)	495 mg
Astragalus membranaceus root Extract dry concentrate	49.5 mg
Equivalent: Astragalus membranaceus (Dry)	495 mg
Atractylodes macrocephala rhizome Extract dry concentrate	49.5 mg
Equivalent: Atractylodes macrocephala (Dry)	495 mg
Bupleurum falcatum root Extract dry concentrate	49.5 mg
Equivalent: Bupleurum falcatum (Dry)	495 mg
Citrus reticulata fruit peel Extract dry concentrate	15 mg
Equivalent: Citrus reticulata (Dry)	150 mg
dimocarpus longan seed aril Extract dry concentrate	49.5 mg
Equivalent: dimocarpus longan (Dry)	495 mg
Gardenia jasminoides fruit Extract dry concentrate	33 mg
Equivalent: Gardenia jasminoides (Dry)	330 mg
Glycyrrhiza uralensis root and rhizome Extract dry concentrate	11.5 mg
Equivalent: Glycyrrhiza uralensis (Dry)	115 mg
Panax ginseng root and rhizome Extract dry concentrate	49.5 mg
Equivalent: Panax ginseng (Dry)	495 mg
Polygala sibirica root Extract dry concentrate	49.5 mg
Equivalent: Polygala sibirica (Dry)	495 mg
Wolfiporia cocos fruiting body Extract dry concentrate	49.5 mg
Equivalent: Wolfiporia cocos (Dry)	495 mg
Zingiber officinale rhizome Extract dry concentrate	12 mg
Equivalent: Zingiber officinale (Fresh)	120 mg
Ziziphus jujuba fruit Extract dry concentrate	33 mg
Equivalent: Ziziphus jujuba (Dry)	330 mg
Ziziphus jujuba var. spinosa seed Extract dry concentrate	49.5 mg
Equivalent: Ziziphus jujuba var. spinosa (Dry)	495 mg

Other Ingredients (Excipients)

colloidal anhydrous silica
disodium edetate
gellan gum
hypromellose
magnesium stearate
potable water
potassium acetate

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