



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	199673	METAGENICS BIO Q-ABSORB 150
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	1/08/2012	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . METAGENICS BIO Q-ABSORB 150

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	22/07/2021
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### Permitted Indications

Antioxidant/Reduce free radicals formed in the body  
Helps reduce/decrease free radical damage to body cells  
Maintain/support energy production  
Maintain/support physical endurance/capacity/stamina  
Relieve weariness/tiredness/fatigue/feeling of weakness  
Helps enhance/promote general health and wellbeing  
Maintain/support general health and wellbeing  
Maintain/support cardiovascular system health  
Maintain/support heart health  
Maintain/support artery health  
Decrease/reduce/relieve muscle pain/ache/soreness  
Aid/assist/helps post exercise recovery  
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency

### Indication Requirements

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.

Label statement: If symptoms persist, talk to your health professional.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

### Standard Indications

No Standard Indications included on Record

### Specific Indications

No Specific Indications included on Record



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#### Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).  
Do not take while on warfarin therapy without medical advice.

#### Additional Product information

#### Pack Size/Poison information

##### Pack Size

##### Poison Schedule

#### Components

##### 1 . Formulation 1

**Dosage Form** Capsule, soft

**Route of Administration** Oral

##### Visual Identification

##### Active Ingredients

ubidecarenone 150 mg

##### Other Ingredients (Excipients)

##### Colour

d-alpha-tocopheryl acetate

Gelatin

glycerol

linoleic acid

medium chain triglycerides

Olive Oil

Orange Oil

PEG-35 castor oil

PEG-40 hydrogenated castor oil

polysorbate 80

purified water

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