

## **Australian Government**

# Department of Health and Aged Care

Therapeutic Goods Administration

## **Public Summary**

Summary for ARTG Entry: 214065 Adrenoplex

ARTG entry for Medicine Listed

Sponsor FIT-BioCeuticals Pty Ltd

Postal Address Care of Blackmores Ltd PO Box 1725, Warriewood, NSW, 2102

2/09/2013 ARTG Start Date **Product Category** Medicine Status Active

Listed Medicines Approval Area

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

#### **Products**

### 1 . Adrenoplex

**Product Type Effective Date** 29/05/2023 Single Medicine Product

## **Permitted Indications**

Traditionally used in Ayurvedic medicine to rasayan/rejuvenative tonic

Maintain/support energy levels

Traditionally used in Western herbal medicine to maintain/support energy levels

Traditionally used in Ayurvedic medicine to maintain/support energy levels

Maintain/support energy production

Maintain/support physical endurance/capacity/stamina

Relieve weariness/tiredness/fatigue/feeling of weakness

Traditionally used in Western herbal medicine to relieve weariness/tiredness/fatigue/feeling of weakness

Helps enhance/promote general health and wellbeing

Traditionally used in Western herbal medicine to adaptogen/Help body adapt to stress

Traditionally used in Ayurvedic medicine to adaptogen/Help body adapt to stress

Aids/assists the body to cope with environmental stress

Enhance/promote body adaptation to stress

Support healthy stress response in the body

Traditionally used in Ayurvedic medicine to soothe/calm nerves

Decrease/reduce/relieve symptoms of stress

Traditionally used in Avurvedic medicine to decrease/reduce/relieve symptoms of stress

Traditionally used in Ayurvedic medicine to decrease/reduce/relieve nervous tension/unrest

Decrease/reduce/relieve symptoms of mild anxiety

Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of mild anxiety

Maintain/support mental endurance/stamina

Maintain/support brain function

Aid/assist/helps synthesis of neurotransmitters

Traditionally used in Ayurvedic medicine to calmative/nervous system relaxant

Traditionally used in Ayurvedic medicine to nervine/support nervous system

Maintain/support nervous system function

Support healthy emotional/mood balance

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## **Australian Government**

# **Department of Health and Aged Care**

Therapeutic Goods Administration

Maintains/supports refreshing sleep

Traditionally used in Ayurvedic medicine to maintains/supports refreshing sleep

Traditionally used in Ayurvedic medicine to maintain/support healthy sleeping patterns

#### **Indication Requirements**

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must only refer to mild anxiety.

If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

#### **Standard Indications**

No Standard Indications included on Record

### **Specific Indications**

No Specific Indications included on Record

## Warnings

Contains lactose (or words to that effect).

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

Phenylketonurics are warned that this product contains phenylalanine (or words to that effect).

### **Additional Product information**

## Pack Size/Poison information

Pack Size Poison Schedule

### Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

# Active Ingredients

calcium folinate	69.45 microgram
Equivalent: folinic acid	50 microgram
calcium pantothenate	54.58 mg
Equivalent: pantothenic acid	50 mg
Equivalent: calcium	4.58 mg
cyanocobalamin	5 microgram
Eleutherococcus senticosus root Extract dry concentrate standardised	116.67 mg
Equivalent: Eleutherococcus senticosus (Dry)	1.75 g
Ganoderma lucidum fruiting body Extract dry concentrate	3.75 mg
Equivalent: Ganoderma lucidum (Dry)	75 mg
nicotinamide	15 mg
nicotinic acid	5 mg
Panax ginseng root Extract dry concentrate standardised	18 mg
Equivalent: Panax ginseng (Dry)	180 mg
Panax quinquefolius root Extract dry concentrate standardised	12 mg
Equivalent: Panax quinquefolius (Dry)	120 mg
phenylalanine	75 mg
pyridoxal 5-phosphate monohydrate	6.74 mg
Equivalent: pyridoxine	4.3 mg

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tyrosine 75 mg
Withania somnifera root Extract dry concentrate 150 mg
Equivalent: Withania somnifera (Dry) 1.875 g

# Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate
colloidal anhydrous silica
croscarmellose sodium
crospovidone
Gelatin
magnesium stearate
mannitol
microcrystalline cellulose
povidone

purified water

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