

# **Australian Government**

## **Department of Health**

# Therapeutic Goods Administration

### **Public Summary**

Summary for ARTG Entry: 227878 SINUS PLEX

ARTG entry for Medicine Listed

Sponsor The Pharmaceutical Plant Company Pty Ltd

Postal Address 3 Sigma Drive Croydon South VIC 3136

3 Sigma Drive, Croydon South, VIC, 3136

Australia

ARTG Start Date 12/09/2014

Product Category Medicine

Status Active

Approval Area Listed Medicines

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

## **Products**

## 1. SINUS PLEX

Product Type Single Medicine Product Effective Date 19/07/2019

### **Permitted Indications**

Traditionally used in Western herbal medicine to sudorific/diaphoretic/enhance/promote sweating/perspiration in children over 5 years of age

Traditionally used in Western herbal medicine to sudorific/diaphoretic/enhance/promote sweating/perspiration

Traditionally used in Western herbal medicine to anti-inflammatory/relieve inflammation in children

Traditionally used in Western herbal medicine to anti-inflammatory/relieve inflammation

Traditionally used in Western herbal medicine to demulcent/soothe irritated tissues

Traditionally used in Western herbal medicine to demulcent/soothe irritated tissues in children

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of hayfever in children

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of hayfever

Traditionally used in Chinese medicine to helps decrease/reduce/relieve symptoms of mild allergies

Traditionally used in Chinese medicine to helps decrease/reduce/relieve symptoms of mild allergies in children

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of allergic rhinitis

 $Traditionally \ used \ in \ Western \ herbal \ medicine \ to \ decrease/reduce/relieve \ symptoms \ of \ allergic \ rhinitis \ in \ children$ 

Traditionally used in Western herbal medicine to decongestant/relieve nasal congestion

Traditionally used in Western herbal medicine to decongestant/relieve nasal congestion in children

 $Traditionally used in Western herbal \ medicine \ to \ decrease/reduce/relieve \ symptoms \ of \ common \ colds \ and \ flu \ in \ children$ 

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of common colds and flu

Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of common colds and flu

Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of common colds and flu in children over 2 years of age

Traditionally used in Western herbal medicine to decrease/reduce/relieve the severity of symptoms of mild upper respiratory tract infections

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Traditionally used in Western herbal medicine to decrease/reduce/relieve the severity of symptoms of mild upper respiratory tract infections in children

Traditionally used in Western herbal medicine to expectorant/clear respiratory tract mucous in children

Traditionally used in Western herbal medicine to expectorant/clear respiratory tract mucous

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of sinusitis

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of sinusitis in children

Traditionally used in Western herbal medicine to decrease/reduce/relieve mild bronchial cough in children

Traditionally used in Western herbal medicine to decrease/reduce/relieve mild bronchial cough

Traditionally used in Western herbal medicine to decrease/reduce/relieve cough

Traditionally used in Western herbal medicine to decrease/reduce/relieve cough in children

Traditionally used in Chinese medicine to relieve symptoms of sore throat/pharyngitis in children

Traditionally used in Chinese medicine to relieve symptoms of sore throat/pharyngitis

#### **Indication Requirements**

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

Respiratory tract infections must be qualified by 'mild'.

Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice (or words to that effect).

Product presentation must not imply or refer to serious allergic conditions such as anaphylaxis.

Product presentation must only refer to mild bronchitis.

#### **Standard Indications**

No Standard Indications included on Record

### **Specific Indications**

No Specific Indications included on Record

#### Warnings

If coughing persists consult your doctor (or a healthcare professional) (or words to that effect).

Contains ethanol or contains alcohol.

Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).

If symptoms persist consult your healthcare practitioner (or words to that effect).

Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).

## **Additional Product information**

## Pack Size/Poison information

Pack Size Poison Schedule

### Components

### 1 . Formulation 1

Dosage FormOral LiquidRoute of AdministrationOral

Visual Identification

### **Active Ingredients**

Allium sativum bulb Extract liquid 40 microlitre/mL Equivalent: Allium sativum (Fresh) 20 mg/mL Euphrasia officinalis herb Extract liquid 200 microlitre/mL Equivalent: Euphrasia officinalis (Dry) 200 mg/mL Glycyrrhiza glabra root Extract liquid 250 microlitre/mL Equivalent: Glycyrrhiza glabra (Dry) 250 mg/mL Sambucus nigra flower Extract liquid 200 microlitre/mL Equivalent: Sambucus nigra (Dry) 200 mg/mL Scutellaria baicalensis root Extract liquid 100 microlitre/mL Equivalent: Scutellaria baicalensis (Dry) 100 mg/mL

## Other Ingredients (Excipients)



# **Department of Health**

Therapeutic Goods Administration

glycerol Mentha X piperita Pimpinella anisum

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