



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	270112	Methyl Fortify
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	RN Labs Pty Ltd	
<b>Postal Address</b>	18 / 93 Rivergate Place, MURARRIE, QLD, 4172 Australia	
<b>ARTG Start Date</b>	15/02/2016	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Methyl Fortify

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	12/06/2019
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### Permitted Indications

Helps enhance/promote general health and wellbeing  
Helps enhance/promote body tissue repair/regeneration  
Maintain/support red blood cell health  
Maintain/support healthy cardiovascular system function  
Maintain/support muscle health  
Aid/assist/helps post exercise recovery  
Maintain/support (state vitamin/mineral/nutrient) levels in the body  
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency  
Helps enhance/promote healthy nerve conduction/transmission/neurotransmission

### Indication Requirements

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious cardiovascular conditions.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

### Standard Indications

No Standard Indications included on Record

### Specific Indications



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**Department of Health**  
Therapeutic Goods Administration

No Specific Indications included on Record

**Warnings**

No Warnings included on Record

**Additional Product information**

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>choline dihydrogen citrate</b>	<b>300 mg</b>
<b>levomefolate calcium</b>	<b>550 microgram</b>
Equivalent: levomefolic acid	500 microgram
<b>mecobalamin (co-methylcobalamin)</b>	<b>1000 microgram</b>
<b>pyridoxal 5-phosphate</b>	<b>29.2 mg</b>
Equivalent: pyridoxine	20 mg
<b>riboflavin sodium phosphate</b>	<b>31.7 mg</b>
Equivalent: riboflavin	25 mg

**Other Ingredients (Excipients)**

colloidal anhydrous silica

leucine

microcrystalline cellulose

tapioca starch

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