



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	290970	MediHerb Cascara Complex
ARTG entry for	Medicine Listed	
Sponsor	Integria Healthcare Australia Pty Ltd	
Postal Address	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
ARTG Start Date	4/07/2017	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . MediHerb Cascara Complex

Product Type	Single Medicine Product	Effective Date	15/01/2024
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Permitted Indications

Traditionally used in Western herbal medicine to alterative/blood cleanser/depurative/purifier
Traditionally used in Western herbal medicine to decrease/reduce/relieve constipation
Traditionally used in Western herbal medicine to aperient/laxative
Traditionally used in Western herbal medicine to helps reduce occurrence of constipation
Traditionally used in Western herbal medicine to enhance/improve/promote/increase bowel regularity
Traditionally used in Western herbal medicine to cholagogue/promote bile flow from gall bladder
Traditionally used in Western herbal medicine to helps enhance/improve/promote/increase bile secretion/flow
Traditionally used in Western herbal medicine to maintain/support bile production
Traditionally used in Western herbal medicine to maintain/support healthy liver function

Indication Requirements

Product presentation must not imply or refer to disease in any body organ.
Product presentation must not refer to or imply weight loss.
Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).
Label statement: If symptoms persist, talk to your health professional.
Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.
Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.
Label statement: Drink plenty of water (or words to that effect).
Product presentation must only refer to detoxification in relation to natural body processes.
Product presentation must not imply or refer to drugs/alcohol.
Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record



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Warnings

Prolonged use may cause serious bowel problems.

For practitioner dispensing only.

Do not use when abdominal pain, nausea or vomiting are present, or if you develop diarrhoea. If you are pregnant or breast feeding, seek the advice of a healthcare professional before taking this product (or words to that effect).

Use in children under 12 years is not recommended.

If symptoms persist, seek the advice of a healthcare professional.

Drink plenty of water (or words to that effect).

Additional Product information

Container information

Type	Material	Life Time	Temperature	Closure	Conditions
Bottle	Not recorded	Not recorded	Not recorded	Not recorded	Not recorded

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

Chamomile Oil German	2 mg
Dill Seed Oil	15 mg
Frangula purshiana stem bark Extract dry concentrate	93.33 mg
Equivalent: Frangula purshiana (Dry)	1.12 g
Rumex crispus root and rhizome Extract dry concentrate	93.75 mg
Equivalent: Rumex crispus (Dry)	375 mg
Taraxacum officinale root Extract dry concentrate	93.75 mg
Equivalent: Taraxacum officinale (Dry)	375 mg

Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate
colloidal anhydrous silica
hypromellose
magnesium stearate
maltodextrin
microcrystalline cellulose
sodium starch glycollate