



Australian Government

Department of Health and Aged Care

Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry: 299072 **ETHICAL NUTRIENTS MEGA MAGNESIUM RASPBERRY**

ARTG entry for Medicine Listed

Sponsor Metagenics (Aust) Pty Ltd

Postal Address PO Box 675, VIRGINIA BC, QLD, 4014
Australia

ARTG Start Date 29/01/2018

Product Category Medicine

Status Active

Approval Area Listed Medicines

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . ETHICAL NUTRIENTS MEGA MAGNESIUM RASPBERRY

Product Type Single Medicine Product **Effective Date** 21/12/2022

Permitted Indications

Maintain/support energy levels
Maintain/support general health and wellbeing
Maintain/support cardiovascular system health
Decrease/reduce/relieve muscle cramps
Helps decrease/reduce/relieve mild muscle spasms/twitches
Maintain/support healthy muscle contraction function
Maintain/support muscle function
Maintain/support healthy neuromuscular system/function
Maintain/support muscle relaxation
Maintain/support (state vitamin/mineral/nutrient) levels in the body
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
Support healthy stress response in the body
Decrease/reduce/relieve menstruation pain/dysmenorrhoea
Decrease/reduce/relieve symptoms of premenstrual tension

Indication Requirements

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record



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Specific Indications

No Specific Indications included on Record

Warnings

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
[Contains vitamin B6].

If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form Powder

Route of Administration Oral

Visual Identification

Active Ingredients

ascorbic acid	34.48 mg/g
calcium hydrogen phosphate dihydrate	33.38 mg/g
Equivalent: calcium	7.77 mg/g
magnesium glycinate dihydrate	344.83 mg/g
Equivalent: magnesium	34.48 mg/g
monobasic potassium phosphate	20.92 mg/g
Equivalent: potassium	6.01 mg/g
pyridoxine hydrochloride	5.75 mg/g
Equivalent: pyridoxine	4.73 mg/g
taurine	344.83 mg/g

Other Ingredients (Excipients)

Beta vulgaris

citric acid

Flavour

malic acid

silicon dioxide

Steviol glycosides

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