

# **Australian Government**

### **Department of Health**

## Therapeutic Goods Administration

### **Public Summary**

Summary for ARTG Entry: 312123 Thyro - HPA Forte N

ARTG entry for Medicine Listed

Sponsor Bio-Practica Pty Ltd

Postal Address 651 Portrush Road, GLEN OSMOND, SA, 5064

Australia

ARTG Start Date 3/12/2018
Product Category Medicine
Status Active

Approval Area Listed Medicines

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

#### **Products**

### 1. Thyro - HPA Forte N

Product Type Single Medicine Product Effective Date 3/12/2018

# Permitted Indications

Antioxidant/Reduce free radicals formed in the body

Antioxidant/Reduce free radicals formed in the body

Helps reduce/decrease free radical damage to body cells

Maintain/support collagen formation

Enhance/promote/physical endurance/capacity/stamina during the day in adults

Relieve weariness/tiredness/fatigue/feeling of weakness

Maintain/support general health and wellbeing

Helps maintain/support healthy cholesterol

Maintain/support healthy thyroid gland function when dietary intake is inadequate in adults

Maintain/support thyroid gland health

Aid/assist thyroid hormone production

Maintain/support healthy liver function

Maintain/support immune system health

Helps enhance/improve/promote/increase muscle performance/endurance/stamina

Traditionally used in Asian medicine to helps enhance/improve/promote/increase muscle performance/endurance/stamina

Traditionally used in Eastern European herbal medicine to helps enhance/improve/promote/increase muscle performance/endurance/stamina

Helps enhance/improve/promote/increase physical/exercise performance

Helps enhance/improve/promote/increase physical/exercise performance

Aid/assist/helps protein synthesis in the body

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Traditionally used in Ayurvedic medicine to adaptogen/Help body adapt to stress

Enhance/promote body adaptation to stress Temporarily in adults

Enhance/promote body adaptation to stress

Support healthy stress response in the body

Support healthy stress response in the body

Helps reduce occurrence of irritability

Decrease/reduce/relieve symptoms of mild anxiety

Decrease/reduce mental/cognitive fatigue

Traditionally used in Eastern European herbal medicine to enhance/improve/promote/increase cognitive performance

Maintain/support cognitive function/mental function

Decrease/reduce/relieve sleeplessness

Enhance/improve/promote skin healing

Maintain/support wound healing

Maintain/support skin repair/healing/regeneration

#### **Indication Requirements**

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to chronic fatigue syndrome.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to lowering or raising blood cholesterol levels from outside of the normal healthy range

Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to any thyroid related diseases.

Product presentation must only refer to mild anxiety.

### **Standard Indications**

No Standard Indications included on Record

#### **Specific Indications**

No Specific Indications included on Record

### Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

### **Additional Product information**

### Pack Size/Poison information

Pack Size Poison Schedule

# Components

#### 1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

**Visual Identification** 

### **Active Ingredients**

ascorbic acid 100 mg colecalciferol .005 mg d-alpha-tocopheryl acid succinate 43.03 mg Equivalent: d-alpha-tocopherol 52.07 IU potassium iodide 200 microgram Equivalent: iodine 150 microgram Rhodiola rosea root Extract dry concentrate 25 mg Equivalent: Rhodiola rosea (Dry) 200 mg

riboflavine sodium phosphate13.16 mgEquivalent: riboflavine10 mg

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selenomethionine190 microgramEquivalent: selenium75 microgramtyrosine500 mgWithania somnifera root Extract dry concentrate150 mgEquivalent: Withania somnifera (Dry)1.5 gzinc citrate dihydrate15.58 mgEquivalent: zinc5 mg

### Other Ingredients (Excipients)

#### Acacia

calcium hydrogen phosphate dihydrate

Carnauba Wax

chlorophyllin-copper complex

colloidal anhydrous silica

croscarmellose sodium

crospovidone

dl-alpha-tocopherol

hypromellose

macrogol 400

maize starch

medium chain triglycerides

microcrystalline cellulose

povidone

silicon dioxide

stearic acid

sucrose

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