



Australian Government

Department of Health, Disability and Ageing
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	313488	Men's Multi +
ARTG entry for	Medicine Listed	
Sponsor	Herbs of Gold Pty Ltd	
Postal Address	Suite 802 Level 8 1-5 Chalmers Crescent Mascot, Sydney, NSW, 2020 Australia	
ARTG Start Date	22/01/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Men's Multi +

Product Type	Single Medicine Product	Effective Date	23/08/2025
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Permitted Indications

Antioxidant/Reduce free radicals formed in the body
Maintain/support collagen formation
Maintain/support collagen health
Traditionally used in Ayurvedic medicine to vrishya/aphrodisiac/Increase in virility
Helps convert (state food) into energy
Aids/assists with recovery from illness/convalescence
Traditionally used in Western herbal medicine to relieve feelings of general malaise/general debility
Traditionally used in Chinese medicine to relieve feelings of general malaise/general debility
Maintain/support energy production
Traditionally used in Chinese medicine to relieve weariness/tiredness/fatigue/feeling of weakness
Traditionally used in Western herbal medicine to relieve weariness/tiredness/fatigue/feeling of weakness
Maintain/support general health and wellbeing
Maintain/support connective tissue health
Aid/assist/helps connective tissue production/formation
Maintain/support bone health
Maintain/support bone mass/density/integrity
Maintain/support bone strength
Help maintain/support bone mineralisation
Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life
Aid/assist healthy red blood cell production
Maintain/support red blood cell health
Maintain/support blood health
Maintain/support healthy thyroid gland function
Maintain/support healthy thyroid hormones
Maintain/support thyroid gland health
Aid/assist thyroid hormone production
Maintain/support immune system health



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Maintain/support healthy immune system function

Maintain/support muscle health

Maintain/support muscle function

Maintain/support muscle strength

Aid/assist/helps glucose/sugar/carbohydrate metabolism

Maintain/support absorption of dietary (state vitamin/mineral/nutrient)

Support healthy stress response in the body

Maintain/support cognitive function/mental function

Maintain/support memory/mental recall

Maintain/support brain function

Maintain/support brain health

Maintain/support nervous system health

Maintain/support nervous system function

Traditionally used in Ayurvedic medicine to aphrodisiac/Enhance/improve/promote healthy libido

Maintain/support sperm health

Maintain/support sperm motility

Maintain/support skin health

Maintain/support wound healing

Indication Requirements

Product presentation must not imply or refer to any thyroid related diseases.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of the table in Part 2 of Schedule 1 to this instrument are also used.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Label statement: If symptoms persist, talk to your health professional.

Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to infertility.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1



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Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

alpha lipoic acid	30 mg
ascorbic acid	100 mg
Biotin	250 microgram
calcium citrate tetrahydrate	99.53 mg
Equivalent: calcium	21 mg
calcium pantothenate	81.87 mg
Equivalent: pantothenic acid	75 mg
Equivalent: calcium	6.87 mg
chromium picolinate	199.5 microgram
Equivalent: chromium	24.8 microgram
colecalfiferol	.025 mg
copper gluconate	7.14 mg
Equivalent: copper	1 mg
d-alpha-tocopheryl acid succinate	10.48 mg
Equivalent: d-alpha-tocopheryl acid succinate	12.68 IU
Eleutherococcus senticosus root Extract dry concentrate	133.33 mg
Equivalent: Eleutherococcus senticosus (Dry)	2 g
folic acid	100 microgram
inositol	50 mg
iron amino acid chelate	30 mg
Equivalent: iron	3 mg
levomefolate calcium	124 microgram
Equivalent: calcium	9.6 microgram
Equivalent: levomefolic acid	100 microgram
lycopene	1 mg
magnesium citrate	154.7 mg
Equivalent: magnesium	25 mg
manganese sulfate monohydrate	1.54 mg
Equivalent: manganese	500 microgram
mecobalamin	100 microgram
monobasic potassium phosphate	24.5 mg
Equivalent: potassium	7.04 mg
nicotinamide	75 mg
potassium iodide	50 microgram
Equivalent: potassium	12 microgram
Equivalent: iodine	38 microgram
pyridoxine hydrochloride	60.78 mg
Equivalent: pyridoxine	50 mg
riboflavin	50 mg
selenomethionine	186.3 microgram
Equivalent: selenium	75 microgram
thiamine nitrate	61.68 mg
Tribulus terrestris fruit Extract dry concentrate	20 mg
Equivalent: Tribulus terrestris (Dry)	1 g
Tribulus terrestris root Extract dry concentrate	20 mg
Equivalent: Tribulus terrestris (Dry)	1 g

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Turnera diffusa leaf Extract dry concentrate	50 mg
Equivalent: Turnera diffusa (Dry)	500 mg
Withania somnifera root Extract dry concentrate	20 mg
Equivalent: Withania somnifera (Dry)	250 mg
zinc amino acid chelate	50 mg
Equivalent: zinc	10 mg

Other Ingredients (Excipients)

Acacia
calcium hydrogen phosphate dihydrate
Carnauba Wax
chlorophyllin-copper complex
colloidal anhydrous silica
croscarmellose sodium
crospovidone
d-alpha-tocopherol
dl-alpha-tocopherol
ethylcellulose
fractionated coconut oil
hypromellose
liquid glucose
macrogol 8000
magnesium stearate
maize starch
maltodextrin
microcrystalline cellulose
povidone
silicon dioxide
sodium ascorbate
starch sodium octenyl succinate
titanium dioxide
vanillin

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