



Australian Government

Department of Health, Disability and Ageing
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	313490	Breastfeeding Support
ARTG entry for	Medicine Listed	
Sponsor	Herbs of Gold Pty Ltd	
Postal Address	Suite 802 Level 8 1-5 Chalmers Crescent Mascot, Sydney, NSW, 2020 Australia	
ARTG Start Date	22/01/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Breastfeeding Support

Product Type	Single Medicine Product	Effective Date	6/09/2025
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Permitted Indications

Traditionally used in Western herbal medicine to nutritive tonic

Maintain/support healthy appetite

Traditionally used in Western herbal medicine to galactagogue/lactagogue/Enhance/improve/promote/increase breast milk production in breastfeeding women

Maintain/support breast milk production/lactation in breastfeeding women

Indication Requirements

Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.

Product presentation must not imply or refer to eating disorders.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

No Warnings included on Record

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form	Tablet, film coated
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Route of Administration	Oral
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Visual Identification

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Active Ingredients	
Cnicus benedictus herb Extract dry concentrate	250 mg
Equivalent: Cnicus benedictus (Dry)	1 g
Trigonella foenum-graecum seed Extract dry concentrate	750 mg
Equivalent: Trigonella foenum-graecum (Dry)	3 g
Other Ingredients (Excipients)	
calcium hydrogen phosphate dihydrate	
Carnauba Wax	
colloidal anhydrous silica	
croscarmellose sodium	
crospovidone	
hypromellose	
macrogol 8000	
magnesium stearate	
maltodextrin	
microcrystalline cellulose	
povidone	

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