



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	315234	Calcium Plus
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Interclinical Laboratories Pty Ltd	
<b>Postal Address</b>	PO Box 6474, ALEXANDRIA, NSW, 2015 Australia	
<b>ARTG Start Date</b>	8/03/2019	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . Calcium Plus**

Product Type	Single Medicine Product	Effective Date	8/03/2019
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**Permitted Indications**

- Traditionally used in Chinese medicine to enrich/nourish/tonify/fortify/strengthen kidneys
- Maintain/support general health and wellbeing
- Traditionally used in Chinese medicine to maintain/support general health and wellbeing
- Aids/assists teeth development
- Maintain/support healthy teeth
- Maintain/support bone health
- Maintain/support bone mass/density/integrity
- Traditionally used in Chinese medicine to help enhance/promote bone strength
- Maintain/support bone strength
- Help maintain/support bone mineralisation
- Traditionally used in Chinese medicine to decrease/reduce/relieve mild joint aches and pains
- A diet deficient in calcium can lead to osteoporosis in later life. Calcium may help prevent osteoporosis when dietary intake is inadequate
- Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life
- Maintain/support blood health
- Maintain/support healthy cardiovascular system function
- Maintain/support heart health
- Maintain/support healthy digestive system function
- Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish liver
- Maintain/support immune system health

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Maintain/support healthy immune system function  
Maintain/support healthy muscle contraction function  
Maintain/support muscle function  
Maintain/support healthy neuromuscular system/function  
Traditionally used in Chinese medicine to maintain/support tendon health  
Maintain/support absorption of dietary (state vitamin/mineral/nutrient)  
Maintain/support (state vitamin/mineral/nutrient) levels in the body  
Maintain/support (state vitamin/mineral/nutrient) levels in the body when sun exposure is inadequate  
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency in elderly individuals  
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency  
Maintain/support nerve conduction  
Maintain/support neuromuscular function  
Maintain/support nervous system function

#### Indication Requirements

Product presentation must only refer to mild joint symptoms.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to kidney disease.

Product presentation must not imply or refer to serious immunological diseases.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Label statement: If symptoms persist, talk to your health professional.

Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Indication can only be used for medicines that contain calcium as an active ingredient and the recommended daily dose of the medicine must provide at least 290 milligrams of elemental calcium.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

No Warnings included on Record

#### Additional Product information

#### Pack Size/Poison information

Pack Size	Poison Schedule
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#### Components

##### 1 . Formulation 1

Dosage Form	Tablet, film coated
Route of Administration	Oral

#### Visual Identification

#### Active Ingredients

calcium glycinate dihydrate	838 mg
Equivalent: calcium	150 mg



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<b>colecalfiferol</b>	<b>2.5 microgram</b>
<b>Eucommia ulmoides stem bark Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Eucommia ulmoides (Dry)	1.5 g
<b>lysine hydrochloride</b>	<b>15 mg</b>
<b>menaquinone 7</b>	<b>30 microgram</b>
<b>taurine</b>	<b>15 mg</b>

**Other Ingredients (Excipients)**

Acacia  
ascorbyl palmitate  
Carnauba Wax  
colloidal anhydrous silica  
croscarmellose sodium  
d-alpha-tocopherol  
glycerol  
Guar Gum  
lecithin  
magnesium stearate  
maize starch  
maltodextrin  
pregelatinised maize starch  
purified water  
silicified microcrystalline cellulose  
silicon dioxide  
sucrose

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