

# **Australian Government**

## **Department of Health**

# Therapeutic Goods Administration

#### **Public Summary**

Summary for ARTG Entry: 316837 Zinc Plus

ARTG entry for Medicine Listed

Sponsor Interclinical Laboratories Pty Ltd

Postal Address PO Box 6474, ALEXANDRIA, NSW, 2015

Australia

ARTG Start Date 24/04/2019
Product Category Medicine
Status Active

Approval Area Listed Medicines

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

## **Products**

# 1 . Zinc Plus

Product Type Single Medicine Product Effective Date 24/04/2019

#### **Permitted Indications**

Antioxidant/Reduce free radicals formed in the body

Helps reduce/decrease free radical damage to body cells

Maintain/support energy levels

Maintain/support healthy eye function

Maintain/support eye health

Maintain/support healthy eyesight/vision

Maintain/support general health and wellbeing

Maintain/support hair health

Maintain/support nail health/strength/thickness

Maintain/support bone health

Aid/assist healthy red blood cell production

Helps maintain/support haemoglobin formation/synthesis

Maintain/support immune system health

Maintain/support healthy immune system function

Aid/assist/helps protein synthesis in the body

Helps prevent dietary (state vitamin/mineral/nutrient) deficiency

Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)

Maintain/support cognitive function/mental function in healthy adults

Maintain/support nerve conduction

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Aid/assist/helps synthesis of neurotransmitters

Maintain/support nervous system health

Maintain/support nervous system function

Maintain/support female reproductive system health

Maintain/support preconception health in healthy males

Maintain/support preconception health in healthy females

Maintain/support reproductive system health in males

Maintain/support healthy reproductive hormones in males

Maintain/support sperm health in healthy males

Maintain/support sperm production in healthy males

Maintain/support testosterone level in males

Maintain/support skin health

Maintain/support skin integrity/structure

Maintain/support skin regeneration

Maintain/support wound healing

#### **Indication Requirements**

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to infertility.

Product presentation must not imply or refer to hormone imbalances.

Product presentation must not imply or refer to serious cardiovascular conditions.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious immunological diseases.

If directed to women, Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

## Standard Indications

No Standard Indications included on Record

#### **Specific Indications**

No Specific Indications included on Record

#### Warnings

No Warnings included on Record

# **Additional Product information**

# Pack Size/Poison information

Pack Size Poison Schedule

## Components

#### 1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

#### **Active Ingredients**

methionine5 mgpyridoxal 5-phosphate4.38 mgEquivalent: pyridoxine3 mgzinc glycinate monohydrate88.65 mg

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Equivalent: zinc 25 mg

Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate colloidal anhydrous silica hypromellose magnesium stearate microcrystalline cellulose

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