



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	319648	Mediherb Neurosom
ARTG entry for	Medicine Listed	
Sponsor	Integria Healthcare Australia Pty Ltd	
Postal Address	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
ARTG Start Date	3/07/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Mediherb Neurosom

Product Type	Single Medicine Product	Effective Date	28/01/2021
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Permitted Indications

Traditionally used in Western herbal medicine to antispasmodic/spasmodic

Maintain/support (state vitamin/mineral/nutrient) levels in the body

Maintain/support (state vitamin/mineral) within normal range

Traditionally used in Western herbal medicine to relieve irritability

Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy

Traditionally used in Western herbal medicine to soothe/calm nerves

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress

Traditionally used in Western herbal medicine to decrease/reduce/relieve nervous tension/unrest

Aid/assist/helps synthesis of neurotransmitters

Traditionally used in Western herbal medicine to soporific/induces sleep

Traditionally used in Western herbal medicine to decrease/reduce/relieve sleeplessness

Traditionally used in Western herbal medicine to decrease/reduce/relieve disturbed/restless sleep

Traditionally used in Western herbal medicine to maintain/support healthy sleeping patterns

Indication Requirements

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Label statement: If symptoms persist, talk to your health professional.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

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Warnings

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

If symptoms persist, seek the advice of a healthcare professional.

For practitioner dispensing only.

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

Lavender Oil	10 mg
magnesium amino acid chelate	200 mg
Equivalent: magnesium	40 mg
Magnolia officinalis stem bark Extract dry concentrate	75 mg
Equivalent: Magnolia officinalis (Dry)	600 mg
Melissa officinalis leaf Dry	99.75 mg
Equivalent: Melissa officinalis (Extract dry)	500 mg
pyridoxal 5-phosphate monohydrate	25.9 mg
Equivalent: pyridoxine	16.5 mg
Ziziphus jujuba var. spinosa seed Extract dry concentrate	65 mg
Equivalent: Ziziphus jujuba var. spinosa (Dry)	650 mg

Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate
colloidal anhydrous silica
croscarmellose sodium
ethanol
hypromellose
magnesium stearate
microcrystalline cellulose
sodium starch glycollate

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