



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	320575	Z-MAG
ARTG entry for	Medicine Listed	
Sponsor	ATP Science Pty Ltd	
Postal Address	5/63-69 Meakin Road, Meadowbrook, QLD, 4131 Australia	
ARTG Start Date	23/07/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Z-MAG

Product Type	Single Medicine Product	Effective Date	4/03/2024
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Permitted Indications

Maintain/support energy levels
Maintain/support hair health
Maintain/support nail health/strength/thickness
Maintain/support bone health
Maintain/support healthy immune system function
Decrease/reduce/relieve muscle cramps
Helps decrease/reduce/relieve mild muscle spasms/twitches
Maintain/support muscle health
Maintain/support muscle function
Maintain/support muscle relaxation
Decrease/reduce/relieve muscle pain/ache/soreness
Aid/assist/helps mind relaxation
Decrease/reduce/relieve nervous tension/unrest
Maintain/support general mental wellbeing
Maintain/support nervous system health
Maintain/support nervous system function
Maintains/supports refreshing sleep
Maintain/support healthy sleeping patterns

Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.



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Product presentation must not imply or refer to serious immunological diseases.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

high selenium yeast	3.13 mg
Equivalent: selenium	6.25 microgram
magnesium citrate	647.25 mg
Equivalent: magnesium	100 mg
taurine	25 mg
zinc gluconate	19.23 mg
Equivalent: zinc	2.5 mg

Other Ingredients (Excipients)

Acacia
colloidal anhydrous silica
hypromellose
magnesium stearate
microcrystalline cellulose
purified water

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