



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	321710	ETHICAL NUTRIENTS MEGA MAGNESIUM MUSCLE PLUS
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	13/08/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . ETHICAL NUTRIENTS MEGA MAGNESIUM MUSCLE PLUS

Product Type	Single Medicine Product	Effective Date	7/07/2021
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Permitted Indications

Decrease/reduce/relieve muscle cramps
Maintain/support muscle function
Helps enhance/promote healthy muscle mass during resistance training
Maintain/support muscle mass in elderly individuals
Maintain/support healthy neuromuscular system/function when dietary intake is inadequate
Maintain/support healthy neuromuscular system/function
Maintain/support muscle strength

Indication Requirements

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
Label statement: If symptoms persist, talk to your health professional.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1



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Dosage Form Powder

Route of Administration Oral

Visual Identification

Active Ingredients

calcium beta-hydroxy-beta-methylbutyrate monohydrate	307.38 mg/g
colecalfiferol	2.0491 microgram/g
magnesium glycinate dihydrate	344.26 mg/g
Equivalent: magnesium	34.43 mg/g

Other Ingredients (Excipients)

Acacia
ascorbic acid
ascorbyl palmitate
carotenes
citric acid
dl-alpha-tocopherol
Flavour
maize starch
malic acid
maltodextrin
medium chain triglycerides
Olive Oil
purified water
silicon dioxide
Steviol glycosides
sucrose

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