

## **Department of Health**

# Therapeutic Goods Administration

#### **Public Summary**

Summary for ARTG Entry: 323854 Women's Multi

ARTG entry for Medicine Listed

Sponsor Factors Group Australia Pty Ltd

Postal Address Unit B 10-16 South Street, Rydalmere, NSW, 2116

Australia

ARTG Start Date 20/09/2019
Product Category Medicine
Status Active

Approval Area Listed Medicines

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

#### **Products**

## 1 . Women's Multi

Product Type Single Medicine Product Effective Date 20/09/2019

#### **Permitted Indications**

Antioxidant/Reduce free radicals formed in the body

Maintain/support healthy eye function

Maintain/support eye health

Maintain/support healthy eyesight/vision

Maintain/support general health and wellbeing

Maintain/support hair health

Maintain/support nail health/strength/thickness

Maintain/support bone health

Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life

Maintain/support cardiovascular system health

Maintain/support healthy cardiovascular system function

Maintain/support immune system health

Maintain/support healthy immune system function

Aid/assist/helps glucose/sugar/carbohydrate metabolism

Maintain/support (state vitamin/mineral/nutrient) levels in the body

Helps prevent dietary (state vitamin/mineral/nutrient) deficiency

Maintain/support (state vitamin/mineral) within normal range

Maintain/support cognitive function/mental function

Maintain/support memory/mental recall

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Maintain/support brain health

Maintain/support skin health

#### **Indication Requirements**

Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

#### Standard Indications

No Standard Indications included on Record

#### **Specific Indications**

No Specific Indications included on Record

#### Warnings

Adults only.

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

#### **Additional Product information**

#### Pack Size/Poison information

Pack Size Poison Schedule

# Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Ora

**Visual Identification** 

**Active Ingredients** 

| Apium graveolens seed Extract dry concentrate | 2.25 mg |
|---|---------|
| Equivalent: Apium graveolens (Dry)            | 22.5 mg |

Apium graveolens herb top Extract dry concentrate 200 microgram

Equivalent: Apium graveolens (Fresh)

Arthrospira platensis

Ascophyllum nodosum whole plant Powder standardised

betacarotene

Beta vulgaris root Powder

3 mg

2.25 mg

Beta vulgaris root Extract dry concentrate 178 microgram

Equivalent: Beta vulgaris (Fresh) 1.78 mg
borax 6.579 mg

Equivalent: boron 750 microgram

Brassica oleracea var. botrytis herb top Extract dry concentrate 181 microgram

Equivalent: Brassica oleracea var. botrytis (Fresh)

2.715 mg

Brassica oleracea var. botrytis herb top Powder 3.75 mg

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Brassica oleracea var. capitata leaf Powder

Brassica oleracea var. capitata herb top Extract dry concentrate

Equivalent: Brassica oleracea var. capitata (Fresh) Brassica oleracea var. italica herb top Powder Brassica oleracea var. viridis herb top Powder

Brassica oleracea var. viridis leaf Extract dry concentrate

Equivalent: Brassica oleracea var. viridis (Fresh)

calcified lithothamnion species

Equivalent: calcium Equivalent: magnesium

calcium ascorbate Equivalent: calcium Equivalent: ascorbic acid calcium pantothenate

Equivalent: pantothenic acid

Camellia sinensis leaf Extract dry concentrate

Equivalent: Camellia sinensis (Dry)

Capsicum annuum fruit Extract dry concentrate

Equivalent: Capsicum annuum (Fresh) Chlorella vulgaris whole plant Powder

chromium picolinate Equivalent: chromium

Citrus sinensis fruit Extract dry concentrate

Equivalent: Citrus sinensis (Dry)

colecalciferol

Coriandrum sativum leaf Powder

Coriandrum sativum leaf Extract dry concentrate

Equivalent: Coriandrum sativum (Fresh)

cupric sulfate Equivalent: copper

Cynara scolymus leaf Powder

Cynara scolymus flower bud Extract dry Equivalent: Cynara scolymus (Fresh)

d-alpha-tocopherol

Echinacea purpurea herb top Extract dry concentrate

Equivalent: Echinacea purpurea (Fresh)

Eruca sativa leaf Powder

Euterpe oleracea fruit Juice powder

Fragaria vesca fruit Powder

Hordeum vulgare leaf Powder iron (II) glycinate

Equivalent: iron

Laminaria digitata whole plant Powder

Laminaria japonica whole plant Powder

levomefolate glucosamine

Equivalent: levomefolic acid

lutein

lycopene

Lycopersicon esculentum fruit Extract dry concentrate

Equivalent: Lycopersicon esculentum (Fresh)

3.75 mg

368 microgram

16.56 mg

3.75 mg

2.25 mg

33 microgram

132 microgram

73.187 mg

21.956 mg

1.61 mg

30.245 mg

3.044 mg

25 mg

5.458 mg 5 mg

5 ma

150 mg

260 microgram

5.2 mg

5 mg

201.1263 microgram

25 microgram

5 mg

1.75 g .0125 mg

2.25 mg

16 microgram

16 microgram

2 mg

200 microgram

.5 mg

2.25 mg

1 microgram

598.8 ng

10 mg

88 microgram

616 microgram

3.75 ma

5 mg

250 microgram

2.25 mg

50 mg

10 mg 5 mg

360 microgram

462.963 microgram

250 microgram

1 mg

1 mg

133 microgram

399 microgram

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| Lycopersicon esculentum fruit Powder                           | 2.25 mg          |
|--|------------------|
| magnesium ascorbate  | 20.436 mg        |
| Equivalent: ascorbic acid                                      | 15.327 mg        |
| Equivalent: magnesium  | 2.187 mg         |
| magnesium aspartate  | 25.49 mg         |
| Equivalent: magnesium  | 5.098 mg         |
| magnesium citrate  | 22.253 mg        |
| Equivalent: magnesium  | 3.605 mg         |
| manganese gluconate  | 10.965 mg        |
| Equivalent: manganese  | 1.25 mg          |
| mecobalamin (co-methylcobalamin)                               | 200 microgram    |
| Medicago sativa leaf Extract dry concentrate                   | 1.713 mg         |
| Equivalent: Medicago sativa (Fresh)                            | 42.825 mg        |
| menaquinone 7  | 40 microgram     |
| Mentha spicata herb top Extract dry concentrate                | 74 microgram     |
| Equivalent: Mentha spicata (Fresh)                             | 592 microgram    |
| Mentha X piperita herb top Extract dry concentrate             | 206 microgram    |
| Equivalent: Mentha X piperita (Fresh)                          | 1.854 mg         |
| Nasturtium officinale leaf Extract dry                         | 9 microgram      |
| Equivalent: Nasturtium officinale (Fresh)                      | 7.2 microgram    |
| Nasturtium officinale leaf Powder                              | 2.5 mg           |
| nicotinamide   | 12.5 mg          |
| Origanum vulgare herb top Extract dry concentrate              | 39 microgram     |
| Equivalent: Origanum vulgare (Fresh)                           | 156 microgram    |
| Petroselinum crispum leaf Powder                               | 2.25 mg          |
| Petroselinum crispum herb top Extract dry concentrate          | 771 microgram    |
| Equivalent: Petroselinum crispum (Fresh)                       | 15.42 mg         |
| Phyllanthus emblica fruit Extract dry concentrate standardised | 9.346 mg         |
| Equivalent: Phyllanthus emblica (Dry)                          | 467.3 mg         |
| Punica granatum fruit Powder                                   | 250 microgram    |
| pyridoxal 5-phosphate monohydrate                              | 2.03 mg          |
| Equivalent: pyridoxine   | 1.25 mg          |
| Raphanus sativus root Powder                                   | 2.25 mg          |
| Raphanus sativus root Powder                                   | 7.5 mg           |
| riboflavin sodium phosphate                                    | 1.7093 mg        |
| Equivalent: riboflavin   | 1.25 mg          |
| Rubus idaeus fruit Powder                                      | 250 microgram    |
| Schisandra chinensis fruit Extract dry concentrate             | 5 mg             |
| Equivalent: Schisandra chinensis (Dry)                         | 100 mg           |
| selenomethionine   | 124.18 microgram |
| Equivalent: selenium   | 50 microgram     |
| Silybum marianum seed Extract dry concentrate                  | 5 mg             |
| Equivalent: Silybum marianum (Dry)                             | 125 mg           |
| Taraxacum officinale root Powder                               | 2.25 mg          |
| thiamine hydrochloride   | 3.178 mg         |
| Equivalent: thiamine   | 2.5 mg           |
| Vaccinium macrocarpon fruit Powder                             | 250 microgram    |
| Vaccinium macrocarpon fruit Powder                             | 5 mg             |

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250 microgram

21.5 mg

Vitis vinifera seed Extract dry concentrate

Vaccinium myrtillus fruit Powder

Equivalent: Vitis vinifera (Dry)



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795.5 mg

Vitis vinifera seed Extract dry concentrate 2 mg

Equivalent: Vitis vinifera (Dry) 200 mg

zinc citrate 21.962 mg

Equivalent: zinc 7.5 mg

Zingiber officinale root Extract dry concentrate 5 mg

Equivalent: Zingiber officinale (Dry) 125 mg

### Other Ingredients (Excipients)

Acacia

ascorbic acid

ascorbyl palmitate

calcium hydrogen phosphate

chlorophyllin-copper complex

citric acid

colloidal anhydrous silica

croscarmellose sodium

d-alpha-tocopherol

dl-alpha-tocopherol

Gelatin

**Ghatti Gum** 

glucose

glycerol

hydrolysed maize starch

hypromellose

magnesium stearate

maize starch

maltodextrin

maltose

microcrystalline cellulose

mixed (high-alpha type) tocopherols concentrate

mixed (low-alpha type) tocopherols concentrate

mono- and di- glycerides

potable water

pregelatinised maize starch

silicon dioxide

sodium ascorbate

Soya Oil

starch sodium octenyl succinate

stearic acid

sucrose

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