



Australian Government

Department of Health, Disability and Ageing
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	327936	Swisse Nutra+ Astra Build
ARTG entry for	Medicine Listed	
Sponsor	Swisse Wellness Pty Ltd	
Postal Address	L6 & 7 88 Langridge Street, Collingwood, VIC, 3066 Australia	
ARTG Start Date	19/12/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Swisse Nutra+ Astra Build

Product Type	Single Medicine Product	Effective Date	10/07/2025
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Permitted Indications

- Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish lungs
- Maintain/support physical endurance/capacity/stamina
- Traditionally used in Western herbal medicine to relieve weariness/tiredness/fatigue/feeling of weakness
- Traditionally used in Chinese medicine to relieve weariness/tiredness/fatigue/feeling of weakness
- Relieve weariness/tiredness/fatigue/feeling of weakness
- Maintain/support general health and wellbeing
- Traditionally used in Chinese medicine to maintain/support general health and wellbeing
- Traditionally used in Chinese medicine to maintain/support immune system health
- Maintain/support immune system health
- Traditionally used in Western herbal medicine to maintain/support immune system health
- Traditionally used in Chinese medicine to maintain/support healthy immune system function
- Maintain/support healthy immune system function
- Traditionally used in Western herbal medicine to maintain/support healthy immune system function
- Traditionally used in Chinese medicine to adaptogen/Help body adapt to stress
- Traditionally used in Chinese medicine to adaptogen/Help body adapt to stress
- Support healthy body stress recovery
- Support healthy stress response in the body
- Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress
- Maintain/support nervous system health
- Traditionally used in Chinese medicine to helps reduce occurrence of common colds

Indication Requirements

- Label statement: If symptoms persist, talk to your health professional.
- Product presentation must not imply or refer to serious immunological diseases.
- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Product presentation must not imply or refer to chronic fatigue syndrome.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for

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you.

Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

Astragalus membranaceus root Extract dry concentrate	375 mg
Equivalent: Astragalus membranaceus (Dry)	7.5 g
colecalfiferol	.0125 mg
Rhodiola rosea root Extract dry concentrate	72 mg
Equivalent: Rhodiola rosea (Dry)	720 mg

Other Ingredients (Excipients)

- Acacia
- calcium hydrogen phosphate dihydrate
- Carnauba Wax
- colloidal anhydrous silica
- crospovidone
- dl-alpha-tocopherol
- iron oxide black
- iron oxide red
- iron oxide yellow
- macrogol 3350
- magnesium stearate
- maize starch
- medium chain triglycerides
- microcrystalline cellulose
- polyvinyl alcohol
- povidone
- purified talc
- silicon dioxide
- sucrose
- titanium dioxide

Public Summary

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