



Australian Government

Department of Health, Disability and Ageing
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	329303	Children's Magnesium Care
ARTG entry for	Medicine Listed	
Sponsor	Herbs of Gold Pty Ltd	
Postal Address	Suite 802 Level 8 1-5 Chalmers Crescent Mascot, Sydney, NSW, 2020 Australia	
ARTG Start Date	31/01/2020	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Children's Magnesium Care

Product Type	Single Medicine Product	Effective Date	14/11/2025
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Permitted Indications

Maintain/support energy production in children
Maintain/support general health and wellbeing in children
Maintain/support healthy teeth in children
Maintain/support bone health in children
Aids/assists healthy bone development/growth/building in children
Help maintain/support bone mineralisation in children
Decrease/reduce/relieve muscle cramps when dietary intake is inadequate
Helps reduce occurrence of muscle cramp when dietary intake is inadequate
Maintain/support healthy muscle contraction function in children
Maintain/support muscle health in children
Maintain/support muscle function in children
Aid/assist/helps glucose/sugar/carbohydrate metabolism in children
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
Support healthy stress response in the body in children
Maintain/support brain health in children
Maintain/support nervous system health in children
Maintain/support nervous system function in children

Indication Requirements

Label statement: If symptoms persist, talk to your health professional.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of the table in Part 2 of Schedule 1 to this instrument are also used.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased



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physical activity.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, chewable

Route of Administration Oral

Visual Identification

Active Ingredients

magnesium amino acid chelate 250 mg

Equivalent: magnesium 50 mg

magnesium citrate 194.19 mg

Equivalent: magnesium 30 mg

Other Ingredients (Excipients)

citric acid

colloidal anhydrous silica

Flavour

magnesium stearate

sorbitol

thaumatin

xylitol

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