



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:		329924	Zinc Citrate P5P
ARTG entry for	Medicine Listed		
Sponsor	Spectrumceuticals Pty Ltd		
Postal Address	Unit 8/5 Narabang Way, BELROSE, NSW, 2085 Australia		
ARTG Start Date	14/02/2020		
Product Category	Medicine		
Status	Active		
Approval Area	Listed Medicines		

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Zinc Citrate P5P

Product Type	Single Medicine Product	Effective Date	2/12/2022
---------------------	-------------------------	-----------------------	-----------

Permitted Indications

Antioxidant/Reduce free radicals formed in the body
Helps reduce/decrease free radical damage to body cells
Maintain/support energy levels
Maintain/support healthy eye function
Maintain/support eye health
Maintain/support healthy eyesight/vision
Maintain/support general health and wellbeing
Maintain/support hair health
Maintain/support nail health/strength/thickness
Aid/assist healthy red blood cell production
Helps maintain/support haemoglobin formation/synthesis
Maintain/support immune system health
Maintain/support healthy immune system function
Aid/assist/helps protein synthesis in the body
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
Maintain/support cognitive function/mental function in healthy adults
Maintain/support nerve conduction
Aid/assist/helps synthesis of neurotransmitters
Maintain/support nervous system health
Maintain/support nervous system function
Maintain/support skin health
Maintain/support skin integrity/structure
Maintain/support skin regeneration
Maintain/support wound healing

Indication Requirements



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to serious immunological diseases.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious cardiovascular conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

magnesium amino acid chelate	175.44 mg
Equivalent: magnesium	20 mg
pyridoxal 5-phosphate monohydrate	23.5 mg
Equivalent: pyridoxine	15 mg
pyridoxine hydrochloride	72.93 mg
Equivalent: pyridoxine	60 mg
zinc citrate dihydrate	111.82 mg
Equivalent: zinc	35 mg

Other Ingredients (Excipients)

colloidal anhydrous silica

hypromellose

leucine

microcrystalline cellulose

purified water

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.