

Australian Government

Department of Health

Therapeutic Goods Administration

Public Summary

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

All products containing Cimicifuga racemosa must comply with the following condition of listing by carrying the label statement - Warning: In very rare cases, black cohosh has been associated with liver failure. If you are experiencing yellowing of the skin or whites of the eyes, dark urine, nausea, vomiting, unusual tiredness, weakness, stomach or abdominal pain, and/or loss of appetite, you should stop using this product and see your doctor.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Femaren				
Product Type	Single Medicine Product	Effective Date	10/04/2020	
Permitted Indicati	ons			
Traditionally used in	n Chinese medicine to nourish/tonify/warm/b	oost/invigorate/strengthen kidney-es	ssence/kidney-jing	
Traditionally used in	n Chinese medicine to blood tonic/Enhance b	blood health		
Traditionally used in	n Western herbal medicine to decrease/redu	ce/relieve symptoms of menopause		
Linked indication Traditionally used in Traditionally used in Linked indication Traditionally used in	n Western herbal medicine to decrease/redu a - Decrease/reduce/relieve mild rheumatic a n Chinese medicine to decrease/reduce/relie n Western herbal medicine to decrease/redu a - Decrease/reduce/relieve disturbed/restless n Western herbal medicine to decrease/redu n Western herbal medicine to decrease/redu	ches and pains we symptoms of menopause ce/relieve symptoms of menopause s sleep ce/relieve hot flushes associated wit	th menopause	
Traditionally used in	n Western herbal medicine to decrease/redu	ce/relieve moodiness/mood swings a	associated with menopause	
Traditionally used in	n Western herbal medicine to maintain/suppo	ort healthy reproductive hormones		
Indication Require	ements			
Label statement: If	symptoms persist, talk to your health profes	sional.		
Product presentati	on must not imply or refer to serious cardiova	ascular conditions.		
Product presentati	on must only refer to mild rheumatic aches/p	ains.		

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Product presentation must not imply or refer to kidney disease.

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Product presentation must not imply or refer to hormone imbalances.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Warning: In very rare cases, black cohosh has been associated with liver failure. If you are experiencing yellowing of the skin or whites of the eyes, dark urine, nausea, vomiting, unusual tiredness, weakness, stomach or abdominal pain, and/or loss of appetite, you should stop using this product and see your doctor.

Vitex agnus-castus may affect hormones and medicines such as oral contraceptives. Consult your health professional before use' (or words to that effect).

Additional Product information

Pack Size/Poison information	on		
Pack Size P		Poison Schedule	
Components			
1. Formulation 1			
Dosage Form	Capsule, hard		
Route of Administration	Oral		
Visual Identification			
Active Ingredients			
Actaea racemosa rhizome	Extract dry concentrate	100 mg	
Equivalent: Actaea racem	iosa (Dry)	400 mg	
Anemarrhena asphodeloi	des root and rhizome Extract dry concentrate	85 mg	
Equivalent: Anemarrhena	asphodeloides (Dry)	850 mg	
Angelica polymorpha roo	t Extract dry concentrate	50 mg	
Equivalent: Angelica polymorpha (Dry)		750 mg	
Asparagus racemosus ro	ot Extract dry concentrate	133.33 mg	
Equivalent: Asparagus racemosus (Dry)		800 mg	
Curculigo orchioides root Extract dry concentrate		71.43 mg	
Equivalent: Curculigo orchioides (Dry)		500 mg	
Epimedium sagittatum lea	af Extract dry concentrate	43.33 mg	
Equivalent: Epimedium sa	agittatum (Dry)	650 mg	
Vitex agnus-castus fruit E	xtract dry concentrate	25 mg	
Equivalent: Vitex agnus-c	astus (Dry)	250 mg	
Other Ingredients (Excipi	ents)		
colloidal anhydrous silica	1		
hypromellose			
magnesium stearate			
maltodextrin			
microcrystalline cellulose			
purified water			

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