

## **Australian Government**

# **Department of Health and Aged Care**

Therapeutic Goods Administration

### **Public Summary**

Summary for ARTG Entry: 333961 Femaren

ARTG entry for Medicine Listed

 Sponsor
 McPherson's Consumer Products Pty Ltd

 Postal Address
 Locked Bag 5018, Kingsgrove, NSW, 2208

Australia

ARTG Start Date 10/04/2020
Product Category Medicine
Status Active

Approval Area Listed Medicines

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

#### **Products**

#### 1. Femaren

Product Type Single Medicine Product Effective Date 3/11/2023

# Permitted Indications

Traditionally used in Chinese medicine to nourish/tonify/warm/boost/invigorate/strengthen kidney-essence/kidney-ing

Traditionally used in Chinese medicine to blood tonic/Enhance blood health

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of menopause

Linked indication - Decrease/reduce/relieve mild rheumatic aches and pains

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of menopause

Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of menopause

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of menopause

Linked indication - Decrease/reduce/relieve disturbed/restless sleep

Traditionally used in Western herbal medicine to decrease/reduce/relieve hot flushes associated with menopause

Traditionally used in Western herbal medicine to decrease/reduce/relieve aggression/irritability associated with menopause

Traditionally used in Western herbal medicine to decrease/reduce/relieve moodiness/mood swings associated with menopause

Traditionally used in Western herbal medicine to maintain/support healthy reproductive hormones

## **Indication Requirements**

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Product presentation must not imply or refer to hormone imbalances.

Product presentation must only refer to mild rheumatic aches/pains.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.

Product presentation must not imply or refer to kidney disease.

# **Standard Indications**

No Standard Indications included on Record

## Specific Indications

No Specific Indications included on Record

# Page 1 of 2



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## Warnings

Vitex agnus-castus may affect hormones and medicines such as oral contraceptives. Consult your health professional before use' (or words to that effect).

Warning: In very rare cases, black cohosh has been associated with liver failure. If you are experiencing yellowing of the skin or whites of the eyes, dark urine, nausea, vomiting, unusual tiredness, weakness, stomach or abdominal pain, and/or loss of appetite, you should stop using this product and see your doctor.

#### **Additional Product information**

#### Pack Size/Poison information

Pack Size Poison Schedule

#### Components

# 1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

### **Active Ingredients**

Active ingredients	
Actaea racemosa rhizome Extract dry concentrate	100 mg
Equivalent: Actaea racemosa (Dry)	400 mg
Anemarrhena asphodeloides root and rhizome Extract dry concentrate	85 mg
Equivalent: Anemarrhena asphodeloides (Dry)	850 mg
Angelica polymorpha root Extract dry concentrate	50 mg
Equivalent: Angelica polymorpha (Dry)	750 mg
Asparagus racemosus root Extract dry concentrate	133.33 mg
Equivalent: Asparagus racemosus (Dry)	800 mg
Curculigo orchioides root Extract dry concentrate	71.43 mg
Equivalent: Curculigo orchioides (Dry)	500 mg
Epimedium sagittatum leaf Extract dry concentrate	43.33 mg
Equivalent: Epimedium sagittatum (Dry)	650 mg
Vitex agnus-castus fruit Extract dry concentrate	25 mg
Equivalent: Vitex agnus-castus (Dry)	250 mg

# Other Ingredients (Excipients)

colloidal anhydrous silica

hypromellose

magnesium stearate

maltodextrin

microcrystalline cellulose

purified water

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