



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	336059	BLACKMORES BIO C 1000
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Blackmores Ltd	
<b>Postal Address</b>	PO Box 1725, WARRIEWOOD, NSW, 2102 Australia	
<b>ARTG Start Date</b>	8/05/2020	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . BLACKMORES BIO C 1000

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	11/11/2021
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### Permitted Indications

Antioxidant/Reduce free radicals formed in the body  
Helps reduce/decrease free radical damage to body cells  
Maintain/support collagen formation  
Maintain/support collagen health  
Maintain/support general health and wellbeing  
Maintain/support blood vessel health  
Maintain/support immune system health  
Maintain/support healthy immune system function  
Maintain/support absorption of dietary (state vitamin/mineral/nutrient)  
Maintain/support (state vitamin/mineral/nutrient) levels in the body  
Decrease/reduce/relieve common cold duration  
Decrease/reduce/relieve the severity of common cold symptoms  
Maintain/support wound healing

### Indication Requirements

Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Label statement: If symptoms persist, talk to your health professional.

Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice (or words to that effect).

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.

### Standard Indications

No Standard Indications included on Record

### Specific Indications

No Specific Indications included on Record



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**Warnings**

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.  
Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).  
If symptoms persist consult your healthcare practitioner (or words to that effect).

**Additional Product information**

**Pack Size/Poison information**

**Pack Size** **Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Tablet, film coated  
**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>ascorbic acid</b>	<b>385 mg</b>
<b>calcium ascorbate dihydrate</b>	<b>382.2 mg</b>
Equivalent: ascorbic acid	315 mg
<b>Citrus bioflavonoids extract</b>	<b>25 mg</b>
<b>hesperidin</b>	<b>50 mg</b>
<b>Malpighia glabra fruit Extract dry concentrate</b>	<b>12.5 mg</b>
Equivalent: Malpighia glabra (Dry)	50 mg
<b>Rosa canina fruit Extract dry concentrate</b>	<b>62.5 mg</b>
Equivalent: Rosa canina (Dry)	250 mg
<b>rutoside</b>	<b>50 mg</b>
<b>sodium ascorbate</b>	<b>337.5 mg</b>
Equivalent: ascorbic acid	300 mg

**Other Ingredients (Excipients)**

**croscarmellose sodium**  
**hypromellose**  
**iron oxide yellow**  
**macrogol 400**  
**macrogol 8000**  
**magnesium stearate**  
**maize starch**  
**maltodextrin**  
**microcrystalline cellulose**  
**purified talc**  
**titanium dioxide**

Public Summary

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