



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

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|--------------------------------|---|--------------------------------|
| Summary for ARTG Entry: | 339297 | Swisse Nutra+ Advanced Mag Day |
| ARTG entry for | Medicine Listed | |
| Sponsor | Swisse Wellness Pty Ltd | |
| Postal Address | L6 & 7 88 Langridge Street, Collingwood, VIC, 3066 Australia | |
| ARTG Start Date | 10/07/2020 | |
| Product Category | Medicine | |
| Status | Active | |
| Approval Area | Listed Medicines | |

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Swisse Nutra+ Advanced Mag Day

| | | | |
|---------------------|-------------------------|-----------------------|------------|
| Product Type | Single Medicine Product | Effective Date | 13/09/2024 |
|---------------------|-------------------------|-----------------------|------------|

Permitted Indications

- Maintain/support energy production
- Decrease/reduce/relieve muscle cramps when dietary intake is inadequate
- Helps decrease/reduce/relieve mild muscle spasms/twitches when dietary intake is inadequate
- Maintain/support muscle health
- Maintain/support muscle function
- Maintain/support nervous system health
- Maintain/support nervous system function

Indication Requirements

- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
- If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
- Label statement: If symptoms persist, talk to your health professional.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

- WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].
- Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information



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Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Powder
Route of Administration Oral

Visual Identification

Active Ingredients

| | |
|--|--------------------------|
| Biotin | 25 microgram/g |
| calcium folinate | 76.14 microgram/g |
| Equivalent: folic acid | 66.67 microgram/g |
| calcium pantothenate | 4.55 mg/g |
| Equivalent: pantothenic acid | 4.17 mg/g |
| magnesium citrate nonahydrate | 163.55 mg/g |
| Equivalent: magnesium | 19.44 mg/g |
| magnesium glycinate dihydrate | 333.55 mg/g |
| Equivalent: magnesium | 38.89 mg/g |
| mecobalamin | 83.33 microgram/g |
| nicotinamide | 8.33 mg/g |
| pyridoxal 5-phosphate monohydrate | 5.23 mg/g |
| Equivalent: pyridoxine | 3.33 mg/g |
| riboflavin sodium phosphate | 4.56 mg/g |
| Equivalent: riboflavin | 3.33 mg/g |
| thiamine hydrochloride | 3.18 mg/g |
| Equivalent: thiamine | 2.5 mg/g |

Other Ingredients (Excipients)

carmellose
citric acid
colloidal anhydrous silica
Flavour
malic acid
maltodextrin
Siraitia grosvenorii
Stevia rebaudiana
xylitol

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