

# **Australian Government**

## **Department of Health**

## Therapeutic Goods Administration

### **Public Summary**

Summary for ARTG Entry: 343137 Swisse Nutra+ Advanced Mag Night

ARTG entry for Medicine Listed

Sponsor Swisse Wellness Pty Ltd

Postal Address 111 Cambridge Street, Collingwood, VIC, 3066

8/09/2020 ARTG Start Date **Product Category** Medicine Status Active

Listed Medicines Approval Area

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

#### **Products**

## 1 . Swisse Nutra+ Advanced Mag Night

**Product Type Effective Date** 8/09/2020 Single Medicine Product

#### **Permitted Indications**

Decrease/reduce/relieve muscle cramps when dietary intake is inadequate

Helps decrease/reduce/relieve mild muscle spasms/twitches when dietary intake is inadequate

Maintain/support muscle health

Maintain/support muscle function

Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy

Maintain/support nervous system health

Maintain/support nervous system function

Traditionally used in Western herbal medicine to maintains/supports refreshing sleep

Traditionally used in Western herbal medicine to decrease/reduce/relieve sleeplessness

Traditionally used in Western herbal medicine to decrease/reduce/relieve disturbed/restless sleep

Traditionally used in Western herbal medicine to maintain/support healthy sleeping patterns

### **Indication Requirements**

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

#### Standard Indications

No Standard Indications included on Record

#### **Specific Indications**

No Specific Indications included on Record

## Warnings

No Warnings included on Record

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## **Additional Product information**

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Pack Size Poison Schedule

## Components

#### 1 . Formulation 1

Dosage Form Powder, oral

Route of Administration Oral

#### Visual Identification

## **Active Ingredients**

Eschscholzia californica herb top Extract dry concentrate	15.63 mg/g	
Equivalent: Eschscholzia californica (Dry)	250 mg/g	
glycine	213 mg/g	
magnesium citrate nonahydrate	122.66 mg/g	
Equivalent: magnesium	14.58 mg/g	
magnesium glycinate dihydrate	250.16 mg/g	
Equivalent: magnesium	29.17 mg/g	
Passiflora incarnata flower and leaf Extract dry concentrate	7.5 mg/g	
Equivalent: Passiflora incarnata (Dry)	375 mg/g	
Official Production (Fig. 1) to 40.		

## Other Ingredients (Excipients)

citric acid

colloidal anhydrous silica

Flavour malic acid maltodextrin silicon dioxide Siraitia grosvenorii Stevia rebaudiana

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