

## **Australian Government**

# Department of Health and Aged Care

Therapeutic Goods Administration

#### **Public Summary**

Summary for ARTG Entry: 343668 Met5Q

ARTG entry for Medicine Listed

Sponsor Spectrum ceuticals Pty Ltd

Postal Address Unit 8/5 Narabang Way, BELROSE, NSW, 2085

Australia

ARTG Start Date 17/09/2020
Product Category Medicine
Status Active

Approval Area Listed Medicines

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

#### **Products**

#### 1. Met5Q

Product Type Single Medicine Product Effective Date 10/05/2023

## **Permitted Indications**

Maintain/support healthy growth and development

Maintain/support general health and wellbeing

Aid/assist healthy red blood cell production

Maintain/support red blood cell health

Maintain/support blood health

Maintain/support cardiovascular system health

Maintain/support healthy cardiovascular system function

Helps decrease/reduce homocysteine levels in healthy individuals

Aid/assist/helps protein synthesis in the body

Maintain/support (state vitamin/mineral/nutrient) levels in the body

Helps prevent dietary (state vitamin/mineral/nutrient) deficiency

Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)

Maintain/support healthy pregnancy

## **Indication Requirements**

Product presentation must not imply or refer to serious cardiovascular conditions.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

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Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

#### **Standard Indications**

No Standard Indications included on Record

# **Specific Indications**

No Specific Indications included on Record

## Warnings

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Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

#### **Additional Product information**

Pack Size/Poison information

Pack Size Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

**Active Ingredients** 

 levomefolate glucosamine
 885 microgram

 Equivalent: levomefolic acid
 500 microgram

Other Ingredients (Excipients)

colloidal anhydrous silica

hypromellose

microcrystalline cellulose

potable water

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