



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	347552	METAGENICS FEMME ESSENTIALS MULTIVITAMIN and MINERAL
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	6/11/2020	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . METAGENICS FEMME ESSENTIALS MULTIVITAMIN and MINERAL

Product Type	Single Medicine Product	Effective Date	27/06/2022
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Permitted Indications

Antioxidant/Reduce free radicals formed in the body in females

Maintain/support energy production in females

Maintain/support bone health in females

Maintain/support blood health in females

Maintain/support heart health in females

Maintain/support muscle function in females

Maintain/support (state vitamin/mineral/nutrient) levels in the body in females

Maintain/support cognitive function/mental function in females

Maintain/support brain function in females

Maintain/support nervous system function in females

Decrease/reduce/relieve symptoms of premenstrual tension

Maintain/support healthy reproductive hormones in females

Indication Requirements

Product presentation must not imply or refer to serious cardiovascular conditions.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to hormone imbalances.

Standard Indications

No Standard Indications included on Record



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Specific Indications

No Specific Indications included on Record

Warnings

Not to be taken by children under 2 years old (or words to that effect).

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

If symptoms persist consult your healthcare practitioner (or words to that effect).

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
[Contains vitamin B6].

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

ascorbic acid	50 mg
betacarotene	4 mg
Biotin	50 microgram
borax	26.54 mg
Equivalent: boron	3.01 mg
Brassica oleracea var. italica sprout Powder	100 mg
calcium amino acid chelate	100 mg
Equivalent: calcium	20 mg
calcium citrate tetrahydrate	189.75 mg
Equivalent: calcium	40 mg
calcium hydrogen phosphate dihydrate	171.75 mg
Equivalent: calcium	40 mg
calcium pantothenate	50 mg
chromic chloride hexahydrate	768.84 microgram
Equivalent: chromium	150 microgram
colecalfiferol	.0125 mg
d-alpha-tocopheryl acid succinate	25 mg
Equivalent: d-alpha-tocopherol	20.26 mg
dibasic potassium phosphate	77.95 mg
Equivalent: potassium	35 mg
folic acid	400.06 microgram
iron amino acid chelate	25 mg
Equivalent: iron	5 mg
magnesium glycinate dihydrate	100 mg
Equivalent: magnesium	10 mg
manganese amino acid chelate	15.63 mg
Equivalent: manganese	2.5 mg
mecobalamin (co-methylcobalamin)	400 microgram
mixed (low-alpha type) tocopherols concentrate	2.499 mg
molybdenum trioxide	150.04 microgram

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Equivalent: molybdenum	100 microgram
nicotinamide	100 mg
phytomenadione	.08 mg
potassium iodide	391.11 microgram
Equivalent: iodine	299 microgram
pyridoxal 5-phosphate	5 mg
Equivalent: pyridoxine	3.19 mg
pyridoxine hydrochloride	40 mg
Equivalent: pyridoxine	32.91 mg
riboflavin	20 mg
selenomethionine	65 microgram
Equivalent: selenium	26 microgram
thiamine hydrochloride	50 mg
zinc sulfate monohydrate	27.55 mg
Equivalent: zinc	10.04 mg

Other Ingredients (Excipients)

Acacia
calcium hydrogen phosphate dihydrate
calcium hydrogen phosphate
citric acid
croscarmellose sodium
dl-alpha-tocopherol
glycerol
hypromellose
liquid glucose
magnesium stearate
maize starch
maltodextrin
medium chain triglycerides
microcrystalline cellulose
potable water
silicon dioxide
sodium ascorbate
Soya Oil
starch sodium octenyl succinate
sucrose

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