



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	350171	ETHICAL NUTRIENTS CLINICAL FEM FORCE
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	30/11/2020	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . ETHICAL NUTRIENTS CLINICAL FEM FORCE

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	30/11/2020
---------------------	-------------------------	-----------------------	------------

### Permitted Indications

Maintain/support energy levels in adolescent females  
Maintain/support energy levels  
Relieve weariness/tiredness/fatigue/feeling of weakness when dietary intake is inadequate in adolescent females  
Relieve weariness/tiredness/fatigue/feeling of weakness when dietary intake is inadequate  
Aid/assist healthy red blood cell production  
Helps maintain/support haemoglobin formation/synthesis  
Maintain/support healthy thyroid gland function  
Maintain/support healthy thyroid hormones  
Maintain/support (state vitamin/mineral/nutrient) levels in the body in adolescent females  
Maintain/support (state vitamin/mineral/nutrient) levels in the body

### Indication Requirements

Product presentation must not imply or refer to any thyroid related diseases.  
Product presentation must not imply or refer to serious cardiovascular conditions.  
If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).  
Product presentation must not imply or refer to chronic fatigue syndrome.  
Label statement: If symptoms persist, talk to your health professional.

### Standard Indications

No Standard Indications included on Record

### Specific Indications

No Specific Indications included on Record

### Warnings

Do not take while on warfarin therapy without medical advice.  
If symptoms persist consult your healthcare practitioner (or words to that effect).  
Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

Not for the treatment of iron deficiency conditions (or words to that effect).

**Additional Product information**

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>iron amino acid chelate</b>	<b>90 mg</b>
Equivalent: iron	18 mg
<b>mecobalamin (co-methylcobalamin)</b>	<b>200.1 microgram</b>
<b>potassium iodide</b>	<b>196.21 microgram</b>
Equivalent: iodine	150 microgram
<b>ubiquinol-10</b>	<b>30 mg</b>

**Other Ingredients (Excipients)**

Acacia  
ascorbic acid  
citric acid  
dextrin  
disodium edetate  
gellan gum  
hypromellose  
magnesium stearate  
maltodextrin  
microcrystalline cellulose  
potable water  
potassium acetate  
silicon dioxide

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.

Public Summary