

**Australian Government** 

## **Department of Health**

# Therapeutic Goods Administration

### **Public Summary**

Summary for ARTG Entry:	351927	Opti Active D		
ARTG entry for	Medicine Listed			
Sponsor	Factors Group A	Australia Pty Ltd		
Postal Address	Unit B 10-16 So Australia	uth Street, Rydalmere, NSW	, 2116	
ARTG Start Date	18/12/2020			
Product Category	Medicine			
Status	Active			
Approval Area	Listed Medicine	s		
Conditions				

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

# Products 1. Opti Active D Product Type Effective Date 8/02/2021 Single Medicine Product **Permitted Indications** Maintain/support healthy teeth Maintain/support bone health Maintain/support bone health in post-menopausal women Aids/assists healthy bone development/growth/building Maintain/support bone mass/density/integrity Maintain/support bone mass/density/integrity in post-menopausal women Maintain/support bone strength Maintain/support bone strength in post-menopausal women Help maintain/support bone mineralisation Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life Maintain/support immune system health Enhance/improve/promote immune defence/immunity Maintain/support healthy immune system function Maintain/support immune system to fight illness Enhance/improve/promote/increase (state vitamin/mineral/nutrient) levels in the body Maintain/support (state vitamin/mineral/nutrient) levels in the body Helps prevent dietary (state vitamin/mineral/nutrient) deficiency Maintains/support healthy foetal development Maintain/support healthy pregnancy Indication Requirements

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose

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of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

Product presentation must not imply or refer to serious immunological diseases.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

#### **Standard Indications**

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

## Warnings

The medicine should not be taken in combination with supplements containing Vitamin D without medical advice (or words to that effect). Calcifediol may have similar effects to Vitamin D. Consult your health care professional before taking in combination with other medicines. Use in children under 9 years is not recommended.

**Additional Product information** 

Pack Size/Poison information	วท		
Pack Size		Poison Schedule	
Components			
1 . Formulation 1			
Dosage Form	Tablet, uncoated		
Route of Administration	Oral		
Visual Identification			
Active Ingredients			
calcifediol monohydrate			.01 mg
Other Ingredients (Excipie	ents)		
calcium hydrogen phosph	nate dihydrate		
croscarmellose sodium			
crospovidone			
dl-alpha-tocopherol			
magnesium stearate			
medium chain triglyceride microcrystalline cellulose			
silicon dioxide			
sodium ascorbate			
starch sodium octenyl su	ccinate		
sucrose			

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