



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	353042	Anxiolift
ARTG entry for	Medicine Listed	
Sponsor	McPherson's Consumer Products Pty Ltd	
Postal Address	Locked Bag 5018, Kingsgrove, NSW, 2208 Australia	
ARTG Start Date	14/01/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Anxiolift

Product Type	Single Medicine Product	Effective Date	10/02/2021
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Permitted Indications

- Traditionally used in Ayurvedic medicine to rasayan/rejuvenative tonic
- Traditionally used in Chinese medicine to calm/stabilise/settle/regulate shen
- Traditionally used in Western herbal medicine to adaptogen/Help body adapt to stress
- Enhance/promote body adaptation to stress
- Traditionally used in Chinese medicine to relieve irritability
- Traditionally used in Chinese medicine to calms the mind
- Traditionally used in Chinese medicine to aid/assist/helps mind relaxation
- Traditionally used in Chinese medicine to calm/soothe/nourish/balance spirit
- Traditionally used in Chinese medicine to decrease/reduce/relieve restlessness/excess nervous energy
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of stress
- Decrease/reduce/relieve symptoms of stress
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of mild anxiety
- Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of mild anxiety
- Traditionally used in Ayurvedic medicine to nervine/support nervous system

Indication Requirements

If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must only refer to mild anxiety.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record



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Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

Citrus reticulata fruit peel Extract dry concentrate	75 mg
Equivalent: Citrus reticulata (Dry)	750 mg
Magnolia officinalis stem bark Extract dry concentrate	93.8 mg
Equivalent: Magnolia officinalis (Dry)	750 mg
Ocimum tenuiflorum whole plant Extract dry concentrate standardised	300 mg
Equivalent: Ocimum tenuiflorum (Dry)	3000 mg
Polygala tenuifolia root Extract dry concentrate	75 mg
Equivalent: Polygala tenuifolia (Dry)	750 mg
Withania somnifera root Extract dry concentrate	187.5 mg
Equivalent: Withania somnifera (Dry)	1.875 g
Wolfiporia cocos mushroom Extract dry concentrate	100 mg
Equivalent: Wolfiporia cocos (Dry)	500 mg

Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate
Carnauba Wax
colloidal anhydrous silica
croscarmellose sodium
hypromellose
macrogol 8000
magnesium stearate
maltodextrin
microcrystalline cellulose

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