



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	370885	MEMORY + COGNITION
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	JSHealth Vitamins Pty Ltd	
<b>Postal Address</b>	14/409 New South Head Road, Double Bay, Sydney, NSW, 2028 Australia	
<b>ARTG Start Date</b>	12/07/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . MEMORY + COGNITION

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	6/01/2023
---------------------	-------------------------	-----------------------	-----------

### Permitted Indications

Maintain/support energy levels  
Maintain/support energy production  
Relieve weariness/tiredness/fatigue/feeling of weakness when dietary intake is inadequate  
Maintain/support general health and wellbeing  
Aid/assist healthy red blood cell production  
Maintain/support immune system health  
Maintain/support healthy immune system function  
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)  
Calms the mind  
Soothe/calm nerves  
Decrease/reduce/relieve symptoms of mild anxiety  
Maintain/support cognitive function/mental function  
Maintain/support cognitive function/mental function in elderly individuals  
Maintain/support learning and information processing in elderly individuals  
Enhance/improve/promote/increase memory/recall in elderly individuals  
Maintain/support memory/mental recall  
Maintain/support memory/mental recall in elderly individuals  
Maintain/support general mental wellbeing  
Maintain/support brain function  
Maintain/support brain function in elderly individuals  
Aid/assist/helps synthesis of neurotransmitters  
Maintain/support nervous system health  
Maintain/support nervous system function

### Indication Requirements

Label statement: If symptoms persist, talk to your health professional.  
Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Public Summary



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must only refer to mild anxiety.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to serious immunological diseases.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

No Warnings included on Record

#### Additional Product information

#### Pack Size/Poison information

##### Pack Size

##### Poison Schedule

#### Components

##### 1 . Formulation 1

**Dosage Form** Tablet, film coated

**Route of Administration** Oral

##### Visual Identification

#### Active Ingredients

<b>Bacopa monnieri whole plant Extract dry concentrate</b>	<b>150 mg</b>
Equivalent: Bacopa monnieri (Dry)	3 g
<b>choline bitartrate</b>	<b>302.68 mg</b>
Equivalent: choline	125 mg
<b>Ginkgo biloba leaf Extract dry concentrate</b>	<b>60 mg</b>
Equivalent: Ginkgo biloba (Dry)	3 g
<b>Melissa officinalis leaf Extract dry concentrate</b>	<b>150 mg</b>
Equivalent: Melissa officinalis (Dry)	525 mg
<b>pyridoxine hydrochloride</b>	<b>6.08 mg</b>
Equivalent: pyridoxine	5 mg
<b>Schisandra chinensis fruit Extract dry concentrate</b>	<b>80 mg</b>
Equivalent: Schisandra chinensis (Dry)	2 g
<b>tyrosine</b>	<b>100 mg</b>

#### Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate  
Carnauba Wax  
chlorophyllin-copper complex  
colloidal anhydrous silica  
croscarmellose sodium  
crospovidone  
ethylcellulose  
hypromellose  
macrogol 400  
magnesium stearate  
maltodextrin  
microcrystalline cellulose

# Public Summary



Australian Government

Department of Health and Aged Care

Therapeutic Goods Administration

povidone

---

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.

Public Summary