



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	371979	THERMAL SWITCH
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Switch Nutrition	
<b>Postal Address</b>	PO Box 787, Maroochydore, QLD, 4558 Australia	
<b>ARTG Start Date</b>	2/08/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . THERMAL SWITCH**

Product Type	Single Medicine Product	Effective Date	2/08/2021
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**Permitted Indications**

- Antioxidant/Reduce free radicals formed in the body
- Traditionally used in Ayurvedic medicine to ruchya/increases taste perception and digestion
- Maintain/support energy levels
- Maintain/support body metabolism/metabolic rate
- Maintain/support energy production
- Maintain/support heat/energy production/thermogenesis
- Maintain/support healthy eye function
- Maintain/support eye health
- Maintain/support healthy eyesight/vision
- Traditionally used in Ayurvedic medicine to maintain/support general health and wellbeing
- Maintain/support general health and wellbeing
- Maintain/support hair health
- Maintain/support nail health/strength/thickness
- Traditionally used in Ayurvedic medicine to antipyretic/febrifuge/relieve mild fever/reduce body temperature/body cooling
- Maintain/support bone health
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve mild rheumatic aches and pains
- Aid/assist healthy red blood cell production
- Helps maintain/support haemoglobin formation/synthesis
- Maintain/support healthy thyroid gland function
- Maintain/support healthy thyroid hormones
- Maintain/support thyroid gland health
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve colic (wind/gas pain)
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve flatulence/carminative
- Traditionally used in Ayurvedic medicine to maintain/support digestive system health
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Aid/assist/helps protein synthesis in the body
- Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)

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Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)  
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)  
Maintain/support mental concentration/focus/clarity Temporarily  
Maintain/support cognitive function/mental function Temporarily  
Maintain/support cognitive function/mental function  
Maintain/support nerve conduction  
Aid/assist/helps synthesis of neurotransmitters  
Maintain/support nervous system health  
Maintain/support nervous system function  
Maintain/support female reproductive system health  
Maintain/support preconception health in healthy females  
Maintain/support preconception health in healthy males  
Maintain/support reproductive system health in males  
Maintain/support healthy reproductive hormones  
Maintain/support sperm health in healthy males  
Maintain/support sperm production in healthy males  
Traditionally used in Ayurvedic medicine to decrease/reduce excess mucous  
Maintain/support skin health  
Maintain/support skin integrity/structure  
Maintain/support skin regeneration  
Maintain/support wound healing

**Indication Requirements**

Product presentation must not imply or refer to any thyroid related diseases.  
Product presentation must not imply or refer to serious cardiovascular conditions.  
Product presentation must not imply or refer to hormone imbalances.  
If directed to women, Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.  
Label statement: If symptoms persist, talk to your health professional.  
If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.  
Product presentation must not imply or refer to infertility.  
Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.  
Product presentation must only refer to mild rheumatic aches/pains.  
Label statement: Not to be used in children under 5 years.  
If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).  
Product presentation must not imply or refer to mental illnesses, disorders or conditions.  
If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  
Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  
Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  
Product presentation must not imply or refer to chronic fatigue syndrome.  
Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.  
Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

Adults only.

**Additional Product information**



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**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>Alpinia galanga rhizome Extract dry concentrate</b>	<b>50 mg</b>
Equivalent: Alpinia galanga (Dry)	500 mg
<b>caffeine</b>	<b>31.34 mg</b>
<b>calcium folinate</b>	<b>88 microgram</b>
Equivalent: folic acid	80 microgram
<b>Camellia sinensis leaf Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Camellia sinensis (Dry)	2.5 g
<b>Capsicum annuum fruit Extract dry concentrate</b>	<b>1 mg</b>
Equivalent: Capsicum annuum (Dry)	6 mg
<b>chromic chloride hexahydrate</b>	<b>358.8 microgram</b>
Equivalent: chromium	70 microgram
<b>Gymnema sylvestre leaf Extract dry concentrate</b>	<b>50 mg</b>
Equivalent: Gymnema sylvestre (Dry)	1 g
<b>mecobalamin (co-methylcobalamin)</b>	<b>50 microgram</b>
<b>Piper nigrum fruit Extract dry concentrate</b>	<b>2.11 mg</b>
Equivalent: Piper nigrum (Dry)	43.26 mg
<b>Plectranthus barbatus root Extract dry concentrate</b>	<b>47.72 mg</b>
Equivalent: Plectranthus barbatus (Dry)	4.2 g
<b>potassium iodide</b>	<b>65.4 microgram</b>
Equivalent: iodine	50 microgram
<b>pyridoxine hydrochloride</b>	<b>6.07 mg</b>
Equivalent: pyridoxine	5 mg
<b>zinc citrate dihydrate</b>	<b>12.45 mg</b>
Equivalent: zinc	4 mg

**Other Ingredients (Excipients)**

**calcium hydrogen phosphate dihydrate**  
**colloidal anhydrous silica**  
**hypromellose**  
**magnesium stearate**  
**maltodextrin**  
**purified water**

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