



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	372560	Profound Sleep
ARTG entry for	Medicine Listed	
Sponsor	Ora Health Pty Ltd	
Postal Address	24/10-18 Orchard Road, Brookvale, NSW, 2100 Australia	
ARTG Start Date	10/08/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Profound Sleep

Product Type	Single Medicine Product	Effective Date	15/08/2024
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Permitted Indications

Traditionally used in Chinese medicine to decrease/reduce/relieve excessive perspiration/sweating
Traditionally used in Chinese medicine to decrease/reduce/relieve spontaneous sweating
Traditionally used in Western herbal medicine to maintain/support general health and wellbeing
Traditionally used in Chinese medicine to maintain/support general health and wellbeing
Maintain/support general health and wellbeing
Maintain/support healthy teeth
Maintain/support bone health
Help maintain/support bone mineralisation
Maintain/support heart health
Traditionally used in Western herbal medicine to decrease/reduce/relieve flatulence/carminative
Traditionally used in Western herbal medicine to decrease/reduce/relieve abdominal bloating/distention
Traditionally used in Western herbal medicine to decrease/reduce/relieve abdominal cramping
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of indigestion/dyspepsia
Traditionally used in Western herbal medicine to relieve digestive discomfort
Maintain/support muscle health
Maintain/support muscle function
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
Traditionally used in Chinese medicine to relieve irritability
Traditionally used in Western herbal medicine to help maintain/support emotional wellbeing
Traditionally used in Chinese medicine to help maintain/support emotional wellbeing
Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress
Traditionally used in Chinese medicine to decrease/reduce/relieve nervous tension/unrest
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety
Traditionally used in Western herbal medicine to maintain/support general mental wellbeing
Maintain/support neuromuscular function
Traditionally used in Chinese medicine to maintain/support nervous system health



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Maintain/support nervous system health
Traditionally used in Western herbal medicine to calmative/nervous system relaxant
Traditionally used in Western herbal medicine to nerve/support nervous system
Traditionally used in Chinese medicine to maintain/support nervous system function
Traditionally used in Chinese medicine to decrease/reduce/relieve sleeplessness
Traditionally used in Western herbal medicine to decrease/reduce/relieve sleeplessness
Traditionally used in Chinese medicine to decrease/reduce/relieve disturbed/restless sleep
Traditionally used in Chinese medicine to maintain/support healthy sleeping patterns
Traditionally used in Western herbal medicine to maintain/support healthy sleeping patterns
Traditionally used in Chinese medicine to maintain/support lung health
Traditionally used in Chinese medicine to maintain/support urinary tract health
Traditionally used in Chinese medicine to maintain/support urinary tract function
Traditionally used in Chinese medicine to maintain/support urogenital health
Traditionally used in Chinese medicine to maintain/support kidney function
Traditionally used in Chinese medicine to maintain/support kidney health

Indication Requirements

Label statement: If symptoms persist, talk to your health professional.
Product presentation must not imply or refer to mental illnesses, disorders or conditions.
Product presentation must not imply or refer to kidney disease.
Product presentation must only refer to mild anxiety.

Product presentation must not imply or refer to gastro oesophageal reflux disease.
Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
Product presentation must not imply or refer to serious cardiovascular conditions.
Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).
Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.
If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form Powder, oral

Route of Administration Oral

Visual Identification

Active Ingredients

magnesium glycinate dihydrate	398.72 mg/g
Equivalent: magnesium	45.45 mg/g
Matricaria chamomilla flower Extract dry concentrate	34.09 mg/g
Equivalent: Matricaria chamomilla (Dry)	272.72 mg/g
Melissa officinalis leaf Extract dry concentrate	68.18 mg/g
Equivalent: Melissa officinalis (Dry)	272.72 mg/g



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Passiflora incarnata herb top flowering Extract dry concentrate	18.18 mg/g
Equivalent: Passiflora incarnata (Dry)	363.6 mg/g
Schisandra chinensis fruit Extract dry concentrate	14.55 mg/g
Equivalent: Schisandra chinensis (Dry)	363.75 mg/g
Ziziphus jujuba seed Extract dry concentrate	60.61 mg/g
Equivalent: Ziziphus jujuba (Dry)	1.8183 g/g

Other Ingredients (Excipients)

citric acid
colloidal anhydrous silica
Flavour
Gardenia jasminoides
glycine
maltodextrin
thaumatin

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