



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	373034	Thyroid +
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	JSHealth Vitamins Pty Ltd	
<b>Postal Address</b>	14/409 New South Head Road, Double Bay, Sydney, NSW, 2028 Australia	
<b>ARTG Start Date</b>	18/08/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Thyroid +

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	31/01/2023
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### Permitted Indications

Antioxidant/Reduce free radicals formed in the body  
Maintain/support collagen formation  
Traditionally used in Chinese medicine to invigorate/activate Blood  
Traditionally used in Chinese medicine to eliminate/reduce/remove/resolve/dissipate blood-stasis  
Traditionally used in Chinese medicine to increase/augment/generate/promote/strengthen qi  
Traditionally used in Chinese medicine to dispel/expel/extinguish/disperse/clear wind-dampness  
Maintain/support energy levels  
Maintain/support body metabolism/metabolic rate  
Maintain/support energy production  
Maintain/support heat/energy production/thermogenesis  
Maintain/support healthy eye function  
Maintain/support eye health  
Traditionally used in Chinese medicine to maintain/support general health and wellbeing  
Maintain/support general health and wellbeing  
Maintain/support hair growth  
Maintain/support hair health  
Maintain/support healthy teeth  
Aid/assist nail growth  
Maintain/support nail health/strength/thickness  
Maintain/support connective tissue health  
Aid/assist/helps connective tissue production/formation  
Maintain/support healthy body tissues  
Maintain/support bone health  
Aid/assist healthy red blood cell production  
Maintain/support red blood cell health  
Maintain/support blood capillary health  
Maintain/support blood vessel health

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Maintain/support healthy thyroid gland function  
Maintain/support healthy thyroid hormones  
Maintain/support thyroid gland health  
Aid/assist thyroid hormone production  
Maintain/support liver health  
Maintain/support immune system health  
Maintain/support healthy immune system function  
Aid/assist/helps glucose/sugar/carbohydrate metabolism  
Aid/assist/helps protein synthesis in the body  
Maintain/support absorption of dietary (state vitamin/mineral/nutrient)  
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency  
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)  
Maintain/support cognitive function/mental function  
Maintain/support nerve conduction  
Aid/assist/helps synthesis of neurotransmitters  
Maintain/support nervous system health  
Maintain/support nervous system function  
Maintain/support female reproductive system health  
Traditionally used in Chinese medicine to improve menstrual flow  
Traditionally used in Chinese medicine to decrease/reduce/relieve menstruation pain/dysmenorrhoea  
Maintain/support reproductive system health in males  
Maintain/support healthy reproductive hormones  
Maintain/support sperm health in healthy males  
Maintain/support sperm motility in healthy males  
Maintain/support sperm production in healthy males  
Maintain/support skin health  
Maintain/support skin integrity/structure  
Maintain/support skin regeneration

#### Indication Requirements

Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.  
Product presentation must not imply or refer to infertility.

Product presentation must not imply or refer to serious cardiovascular conditions.  
Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.  
Product presentation must not imply or refer to any thyroid related diseases.  
Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  
Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).  
Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Product presentation must not imply or refer to serious immunological diseases.  
Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to hormone imbalances.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications



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No Specific Indications included on Record

#### Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

#### Additional Product information

#### Pack Size/Poison information

##### Pack Size

##### Poison Schedule

#### Components

##### 1 . Formulation 1

**Dosage Form** Tablet, film coated

**Route of Administration** Oral

##### Visual Identification

#### Active Ingredients

<b>Ascophyllum nodosum Blade and Stem Powder</b>	<b>41.6 mg</b>
<b>ascorbic acid</b>	<b>50 mg</b>
<b>chromic chloride hexahydrate</b>	<b>512.3 microgram</b>
Equivalent: chromium	100 microgram
<b>Curcuma longa rhizome Extract dry concentrate</b>	<b>200 mg</b>
Equivalent: Curcuma longa (Dry)	2 g
<b>mecobalamin (co-methylcobalamin)</b>	<b>25 microgram</b>
<b>nicotinamide</b>	<b>10 mg</b>
<b>Plectranthus barbatus root Extract dry concentrate</b>	<b>17.65 mg</b>
Equivalent: Plectranthus barbatus (Dry)	1.2 g
<b>pyridoxal 5-phosphate</b>	<b>7.81 mg</b>
Equivalent: pyridoxine	5 mg
<b>Rehmannia glutinosa root Extract dry concentrate</b>	<b>40 mg</b>
Equivalent: Rehmannia glutinosa (Dry)	400 mg
<b>riboflavin</b>	<b>5 mg</b>
<b>selenomethionine</b>	<b>93.1 microgram</b>
Equivalent: selenium	37.5 microgram
<b>tyrosine</b>	<b>250 mg</b>
<b>zinc citrate dihydrate</b>	<b>18.67 mg</b>
Equivalent: zinc	6 mg

#### Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate  
Carnauba Wax  
colloidal anhydrous silica  
croscarmellose sodium  
crospovidone  
hypromellose  
macrogol 400  
magnesium stearate  
maltodextrin  
microcrystalline cellulose  
Peppermint Oil  
povidone

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