

Australian Government

Department of Health

Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	373373	Vital Iron
ARTG entry for	Medicine Listed	
Sponsor	Martin & Pleasa	nce Pty Ltd
Postal Address	PO Box 2007, S Australia	OUTH MELBOURNE, VIC, 3205
ARTG Start Date	24/08/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	S
Conditions		

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Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Vital Iron							
Product Type	Single Medicine Product	Effective Date	24/08/2021				
Permitted Indications							
Helps enhance/pro	mote general health and wellbeing						
Maintain/support g	eneral health and wellbeing						
Aid/assist healthy red blood cell production							
Helps enhance/promote red blood cell health							
Maintain/support red blood cell health							
Maintain/support blood health							
Aid/assist/helps in the maintenance of blood levels of oxygen							
Helps enhance/promote/increase absorption of dietary (state vitamin/mineral/nutrient)							
Maintain/support absorption of dietary (state vitamin/mineral/nutrient)							
Enhance/improve/promote/increase (state vitamin/mineral/nutrient) levels in the body							
Maintain/support (state vitamin/mineral/nutrient) levels in the body							
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency							
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)							
Maintain/support (state vitamin/mineral) within normal range							
Maintain/support healthy pregnancy							
Indication Requirements							
Label statement: [Vitamins/minerals/nutrients/dietary supplement	ots) can only be of assistance if diet	arv intake is inadequate OR				

[Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to heart disease.

Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

Standard Indications

No Standard Indications included on Record

Specific Indications

Page 1 of 2

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No Specific Indications included on Record

Warnings	
No Warnings included on Record	

Additional Product information

Pack Size/Poison information

Domponents 1. Formulation 1 Dosage Form Capsule, hard Route of Administration Oral Visual Identification Oral Active Ingredients I1.25 mg Asparagus officinalis shoot Powder 10 mg Beta vulgaris root Juice powder 10 mg Brassica oleracea var. italica sprout Powder 10 mg Brassica oleracea var. viridis leaf Powder 10 mg Malpighia glabra fruit Extract dry concentrate standardised 55.56 mg Equivalent: Malpighia glabra (Dry) 1.389 g Murraya koenigii (Dry) 25.4555 g Spinacia oleracea leaf Powder 11.25 mg Other Ingredients (Excipients// Science) Incentrate standardised carageenan 11.25 mg Other Ingredients (Excipients// Science) 25.4555 g Spinacia oleracea leaf Powder 11.25 mg Other Ingredients (Excipients// Science) Incentrate standardised colloidal anhydrous silica Incentrate standardised Incentrate standardised magnesium stearate Incentrate standardised Incentrate standardised colloidad anhydrous silica Incentrate standardised Incentrate standardis	Pack Size		Poison Schedule			
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Route of Administration Oral Visual Identification Active Ingredients Asparagus officinalis shoot Powder 11.25 mg Beta vulgaris root Juice powder 10 mg Brassica oleracea var. italica sprout Powder 10 mg Brassica oleracea var. italica sprout Powder 10 mg Malpighia glabra fruit Extract dry concentrate standardised 55.56 mg Equivalent: Malpighia glabra (Dry) 1.389 g Murraya koenigii (Dry) 25.4555 g Equivalent: Murraya koenigii (Dry) 25.4555 g Spinacia oleracea leaf Powder 11.25 mg carrageenan citria cid colloidal anhydrous silica	1. Formulation 1					
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Other Ingredients (Excipients) carrageenan citric acid colloidal anhydrous silica hypromellose magnesium hydroxide magnesium stearate maltodextrin potassium acetate	Equivalent: Murraya koenigii (Dry)			25.4555 g		
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hypromellose magnesium hydroxide magnesium stearate maltodextrin potassium acetate	citric acid	-				
magnesium hydroxide magnesium stearate maltodextrin potassium acetate	colloidal anhydrous silica					
magnesium stearate maltodextrin potassium acetate	hypromellose					
maltodextrin potassium acetate	magnesium hydroxide					
potassium acetate	magnesium stearate					
	maltodextrin					
purified water						
	purified water					

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