



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	373379	THYROCALM
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	24/08/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . THYROCALM

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	24/08/2021
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### Permitted Indications

Traditionally used in Chinese medicine to dispel/expel/disperse/clear fire in/of Heart Fire pattern

Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish heart-yin

Maintain/support general health and wellbeing

Relieve irritability

Traditionally used in Chinese medicine to relieve irritability

Traditionally used in Western herbal medicine to soothe/calm nerves

Decrease/reduce/relieve nervous tension/unrest

Traditionally used in Western herbal medicine to nerve/support nervous system

Traditionally used in Chinese medicine to decrease/reduce/relieve sleeplessness

### Indication Requirements

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Product presentation must not imply or refer to heart disease.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: If symptoms persist, talk to your health professional.

### Standard Indications

No Standard Indications included on Record

### Specific Indications

No Specific Indications included on Record

### Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

### Additional Product information

### Pack Size/Poison information

<b>Pack Size</b>	<b>Poison Schedule</b>
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### Components



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**1 . Formulation 1**

**Dosage Form**                      Tablet, film coated

**Route of Administration**      Oral

**Visual Identification**

**Active Ingredients**

<b>Melissa officinalis leaf Extract dry concentrate</b>	<b>250 mg</b>
Equivalent: Melissa officinalis (Dry)	1 g
<b>Phyllanthus emblica fruit Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Phyllanthus emblica (Dry)	500 mg
<b>Prunella vulgaris flower Extract dry concentrate</b>	<b>150 mg</b>
Equivalent: Prunella vulgaris (Dry)	1.5 g
<b>Rehmannia glutinosa root Extract dry concentrate</b>	<b>300 mg</b>
Equivalent: Rehmannia glutinosa (Dry)	3 g

**Other Ingredients (Excipients)**

colloidal anhydrous silica  
croscarmellose sodium  
glycerol  
hypromellose  
magnesium stearate  
microcrystalline cellulose

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