



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	378593	Thompson's Organic Magnesium
ARTG entry for	Medicine Listed	
Sponsor	Integria Healthcare Australia Pty Ltd	
Postal Address	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
ARTG Start Date	23/11/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Thompson's Organic Magnesium

Product Type	Single Medicine Product	Effective Date	19/04/2022
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Permitted Indications

Helps convert (state food) into energy
Maintain/support energy production
Maintain/support general health and wellbeing
Maintain/support healthy cardiovascular system function
Maintain/support healthy muscle contraction function
Maintain/support muscle function
Maintain/support healthy neuromuscular system/function
Aid/assist/helps glucose/sugar/carbohydrate metabolism
Maintain/support (state vitamin/mineral/nutrient) levels in the body
Maintain/support (state vitamin/mineral) within normal range
Aid/assist/helps synthesis of neurotransmitters

Indication Requirements

Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Product presentation must not imply or refer to serious cardiovascular conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings



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If symptoms persist consult your healthcare practitioner (or words to that effect).

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
[Contains vitamin B6].

Additional Product information

Pack Size/Poison information

Pack Size **Poison Schedule**

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

colecalfiferol	.0025 mg
Fucus vesiculosus whole plant Extract dry concentrate	5 mg
Equivalent: Fucus vesiculosus (Dry)	25 mg
magnesium amino acid chelate	806 mg
Equivalent: magnesium	161 mg
magnesium aspartate dihydrate	100 mg
Equivalent: magnesium	7.5 mg
magnesium orotate dihydrate	100 mg
Equivalent: magnesium	6.4 mg
pyridoxine hydrochloride	30 mg
Equivalent: pyridoxine	24.7 mg

Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate
colloidal anhydrous silica
crospovidone
dl-alpha-tocopherol
hydrogenated soya oil
hydrolysed gelatin
hyprolose
lecithin
macrogol 3000
magnesium stearate
maize starch
maltodextrin
microcrystalline cellulose
polyvinyl alcohol
povidone
purified talc
silicon dioxide
sucrose
titanium dioxide

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