Australian Government

Department of Health

Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry: 378753 D3 + MK-7

ARTG entry for Medicine Listed

Sponsor Spectrum ceuticals Pty Ltd

Postal Address Unit 8/5 Narabang Way, BELROSE, NSW, 2085

Australia

ARTG Start Date 24/11/2021

Product Category Medicine

Status Active

Approval Area Listed Medicines

Conditions

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . D3 + MK-7

Product Type Single Medicine Product Effective Date 24/11/2021

Permitted Indications

Maintain/support general health and wellbeing

Maintain/support bone health

Maintain/support bone strength

Help maintain/support bone mineralisation

Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life

Maintain/support blood health

Maintain/support immune system health

Maintain/support healthy immune system function

Maintain/support muscle function

Maintain/support healthy neuromuscular system/function

Maintain/support absorption of dietary (state vitamin/mineral/nutrient)

Maintain/support (state vitamin/mineral/nutrient) levels in the body when sun exposure is inadequate

Maintain/support (state vitamin/mineral/nutrient) levels in the body when sun exposure is inadequate in elderly individuals

Maintain/support (state vitamin/mineral/nutrient) levels in the body

Helps prevent dietary (state vitamin/mineral/nutrient) deficiency when sun exposure is inadequate

Helps prevent dietary (state vitamin/mineral/nutrient) deficiency

Indication Requirements

Product presentation must not imply or refer to serious immunological diseases.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also

Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Product presentation must not imply or refer to serious cardiovascular conditions.

Page 1 of 2



Australian Government

Department of Health

Therapeutic Goods Administration

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

No Warnings included on Record

Additional Product information

Pack Size/Poison information

Pack Size Poison Schedule

Components

1 . Formulation 1

Dosage FormOral LiquidRoute of AdministrationOral

Visual Identification

Active Ingredients

colecalciferol .125 mg/mL menaquinone 7 .225 microgram/mL

Other Ingredients (Excipients)

d-alpha-tocopherol

dl-alpha-tocopherol

medium chain triglycerides

Olive Oil

Sunflower Oil

vegetable oil

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at http://www.tga.gov.au/about/website-copyright.htm.