



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	380294	C Plus Supreme
ARTG entry for	Medicine Listed	
Sponsor	Designs For Health Pty Ltd	
Postal Address	1 / 418 Pittwater Road, North Manly, NSW, 2100 Australia	
ARTG Start Date	6/12/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . C Plus Supreme

Product Type	Single Medicine Product	Effective Date	6/03/2024
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Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Maintain/support collagen formation
- Maintain/support general health and wellbeing
- Aids/assists gum development
- Maintain/support gum health
- Aids/assists teeth development
- Maintain/support healthy teeth
- Maintain/support connective tissue health
- Aid/assist/helps connective tissue production/formation
- Maintain/support bone health
- Aids/assists healthy bone development/growth/building
- Helps maintain/supports healthy joint cartilage growth/development/production
- Helps maintain/support joint cartilage health
- Maintain/support cardiovascular system health
- Maintain/support immune system health
- Maintain/support healthy immune system function
- Maintain/support immune system to fight illness
- Helps stimulate a healthy immune system response
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
- Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
- Support healthy stress response in the body
- Maintain/support wound healing
- Maintain/support skin repair/healing/regeneration

Indication Requirements

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.



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Product presentation must not imply or refer to serious immunological diseases.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Product presentation must not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to serious cardiovascular conditions.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

For practitioner dispensing only.

If symptoms persist consult your healthcare practitioner (or words to that effect).

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form Powder, oral

Route of Administration Oral

Visual Identification

Active Ingredients

ascorbic acid	250 mg/g
ascorbyl palmitate	20 mg/g
Equivalent: ascorbic acid	8.5 mg/g
Bixa orellana seed Extract dry concentrate	33.33 mg/g
Equivalent: Bixa orellana (Dry)	11.1 g/g
calcium ascorbate dihydrate	136.17 mg/g
Equivalent: ascorbic acid	112.5 mg/g
Equivalent: calcium	12.8 mg/g
Citrus bioflavonoids extract	10 mg/g
hesperidin	20 mg/g
magnesium ascorbate monohydrate	27.86 mg/g
Equivalent: ascorbic acid	25 mg/g
Equivalent: magnesium	1.72 mg/g
Phyllanthus emblica fruit Extract dry concentrate	25 mg/g
Equivalent: Phyllanthus emblica (Dry)	1.25 g/g
quercetin dihydrate	5 mg/g
rutoside	20 mg/g

Other Ingredients (Excipients)

ammonium glycyrrhizinate

citric acid

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colloidal anhydrous silica

Flavour

hypromellose

maltodextrin

modified food starch

silicon dioxide

sodium bicarbonate

Stevia rebaudiana

tartaric acid

thaumatin

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