Public Summary

Summary for ARTG Entry:	385864 ETHICAL NUTRIENTS ST JOHN'S WORT
ARTG entry for	Medicine Listed
Sponsor	Metagenics (Aust) Pty Ltd
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia
ARTG Start Date	18/03/2022
Product Category	Medicine
Status	Active
Approval Area	Listed Medicines

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . ETHICAL NUTRIENTS ST JOHN'S WORT

Product Type Single Medicine Product **Effective Date** 18/03/2022

Permitted Indications

Support healthy stress response in the body

Decrease/reduce/relieve restlessness/excess nervous energy

Decrease/reduce/relieve symptoms of stress

Linked indication - Support healthy emotional/mood balance

Decrease/reduce/relieve nervous tension/unrest

Support healthy emotional/mood balance

Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: If symptoms persist, talk to your health professional.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

St John's Wort affects the way many prescription medicines work, including the oral contraceptive pill. Consult your doctor.

If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size **Poison Schedule**

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration

Public Summary

Oral

Visual Identification

Active Ingredients	
Hypericum perforatum herb top flowering Extract dry concentrate standardised	**300 mg**
Equivalent: Hypericum perforatum (Dry)	1.725 g

Other Ingredients (Excipients)

chlorophyllin-copper complex
colloidal anhydrous silica
disodium edetate
gellan gum
hypromellose
magnesium stearate
microcrystalline cellulose
potassium acetate
purified water
sorbitan monolaurate

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