



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	386812	MediHerb MediMag Sleep
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Integria Healthcare Australia Pty Ltd	
<b>Postal Address</b>	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
<b>ARTG Start Date</b>	7/04/2022	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . MediHerb MediMag Sleep

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	7/04/2022
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### Permitted Indications

Maintain/support general health and wellbeing  
Traditionally used in Western herbal medicine to antispasmodic/spasmolytic  
Maintain/support healthy muscle contraction function  
Maintain/support muscle health  
Maintain/support muscle function  
Maintain/support healthy neuromuscular system/function  
Maintain/support muscle relaxation  
Maintain/support muscle tone  
Traditionally used in Western herbal medicine to relieve irritability  
Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy  
Traditionally used in Western herbal medicine to soothe/calm nerves  
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress  
Maintain/support nerve conduction  
Traditionally used in Western herbal medicine to soporific/induces sleep  
Traditionally used in Western herbal medicine to decrease/reduce/relieve sleeplessness  
Traditionally used in Western herbal medicine to decrease/reduce/relieve disturbed/restless sleep  
Traditionally used in Western herbal medicine to maintain/support healthy sleeping patterns

### Indication Requirements

Label statement: If symptoms persist, talk to your health professional.  
Product presentation must not imply or refer to mental illnesses, disorders or conditions.  
Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

### Standard Indications

No Standard Indications included on Record

### Specific Indications

No Specific Indications included on Record



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#### Warnings

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.  
For practitioner dispensing only.

#### Additional Product information

#### Pack Size/Poison information

##### Pack Size

##### Poison Schedule

#### Components

##### 1 . Formulation 1

**Dosage Form** Powder

**Route of Administration** Oral

##### Visual Identification

#### Active Ingredients

glycine	300 mg/g
magnesium citrate	191.83 mg/g
Equivalent: magnesium	31 mg/g
Melissa officinalis herb Extract dry concentrate	11.54 mg/g
Equivalent: Melissa officinalis (Dry)	75 mg/g
Ziziphus jujuba var. spinosa seed Extract dry concentrate	15 mg/g
Equivalent: Ziziphus jujuba var. spinosa (Dry)	150 mg/g

#### Other Ingredients (Excipients)

colloidal anhydrous silica

Flavour

malic acid

maltodextrin

Stevia rebaudiana

thaumatin

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