



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	387757	Bright Mind Complex
ARTG entry for	Medicine Listed	
Sponsor	Ora Health Pty Ltd	
Postal Address	24/10-18 Orchard Road, Brookvale, NSW, 2100 Australia	
ARTG Start Date	2/05/2022	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Products

1 . Bright Mind Complex

Product Type	Single Medicine Product	Effective Date	2/05/2022
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Permitted Indications

Traditionally used in Western herbal medicine to relieve weariness/tiredness/fatigue/feeling of weakness
Traditionally used in Western herbal medicine to maintain/support general health and wellbeing
Traditionally used in Ayurvedic medicine to adaptogen/Help body adapt to stress
Helps enhance/improve/promote/increase attention span
Traditionally used in Western herbal medicine to decrease/reduce mental/cognitive fatigue
Maintain/support mental concentration/focus/clarity
Enhance/improve/promote/increase cognitive performance
Traditionally used in Western herbal medicine to enhance/improve/promote/increase mental alertness/wakefulness
Enhance/improve/promote/increase mental alertness/wakefulness
Enhance/improve/promote/increase memory/recall
Traditionally used in Western herbal medicine to nerve stimulant/enhance nerve function
Traditionally used in Ayurvedic medicine to nervine/support nervous system

Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.
Label statement: If symptoms persist, talk to your health professional.
Product presentation must not imply or refer to chronic fatigue syndrome.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Caffeine intake more than 200 mg per day is not recommended during pregnancy or breastfeeding.
Adults only.
If symptoms persist consult your healthcare practitioner (or words to that effect).
Contains caffeine [state quantity per dosage unit or per mL or per gram of product] total caffeine [per dosage unit or per mL or per gram]. A cup of instant coffee contains approximately 80mg of caffeine.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form	Capsule, hard
Route of Administration	Oral



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Visual Identification

Active Ingredients

Alpinia galanga rhizome Extract dry concentrate	150 mg
Equivalent: Alpinia galanga (Dry)	1.5 g
Bacopa monnieri whole plant Extract dry concentrate standardised	150 mg
Equivalent: Bacopa monnieri (Dry)	3000 mg
Ilex paraguariensis leaf Extract dry concentrate	250 mg
Equivalent: Ilex paraguariensis (Dry)	1000 mg
Ocimum tenuiflorum whole plant Extract dry concentrate	80 mg
Equivalent: Ocimum tenuiflorum (Dry)	800 mg

Other Ingredients (Excipients)

colloidal anhydrous silica
dextrin
hypromellose
leucine
maltodextrin
microcrystalline cellulose
silicon dioxide

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