



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	392710	Tri-Mag Restful Night Chocolate
ARTG entry for	Medicine Listed	
Sponsor	Designs For Health Pty Ltd	
Postal Address	1 / 418 Pittwater Road, North Manly, NSW, 2100 Australia	
ARTG Start Date	25/07/2022	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Tri-Mag Restful Night Chocolate

Product Type	Single Medicine Product	Effective Date	25/08/2023
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Permitted Indications

Maintain/support energy production
Maintain/support body electrolyte balance
Maintain/support general health and wellbeing
Maintain/support bone health
Aids/assists healthy bone development/growth/building
Maintain/support bone mass/density/integrity
Helps maintain/support healthy blood sugar/glucose
Maintain/support cardiovascular system health
Helps maintain/support healthy heart function
Maintain/support heart health
Maintain/support healthy muscle contraction function
Maintain/support muscle health
Maintain/support muscle function
Maintain/support healthy neuromuscular system/function
Maintain/support muscle relaxation
Aid/assist/helps glucose/sugar/carbohydrate metabolism
Aid/assist/helps protein synthesis in the body
Maintain/support (state vitamin/mineral/nutrient) levels in the body
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
Help maintain/support emotional wellbeing
Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy
Maintain/support nerve conduction
Maintain/support nervous system health
Maintain/support nervous system function
Support healthy emotional/mood balance
Traditionally used in Western herbal medicine to soporific/induces sleep



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Enhance/promote/increase refreshing sleep
Traditionally used in Western herbal medicine to decrease/reduce/relieve sleeplessness
Enhance/improve/promote/increase sleep quality/deep sleep

Indication Requirements

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.

Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form	Powder
Route of Administration	Oral

Visual Identification

Active Ingredients

Crocus sativus stigma Dry	3.6 mg/g
Equivalent: Crocus sativus (Dry)	12 mg/g
Eschscholzia californica herb flowering Extract dry concentrate	14.29 mg/g
Equivalent: Eschscholzia californica (Dry)	214.29 mg/g
glycine	428.57 mg/g
magnesium citrate	44.18 mg/g
Equivalent: magnesium	7.14 mg/g
magnesium glycerophosphate	129.91 mg/g
Equivalent: magnesium	14.29 mg/g
magnesium glycinate	151.98 mg/g
Equivalent: magnesium	21.43 mg/g
Passiflora incarnata herb flowering Extract dry concentrate	4.2857 mg/g
Equivalent: Passiflora incarnata (Dry)	428.57 mg/g

Other Ingredients (Excipients)

Acacia

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citric acid dihydrate
colloidal anhydrous silica
dextrin
Flavour
maltodextrin
Stevia rebaudiana

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