



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	405076 Advanced Magnesium+
ARTG entry for	Medicine Listed
Sponsor	JSHealth Vitamins Pty Ltd
Postal Address	17 Kimberley Street, Vaucluse, NSW, 2030 Australia
ARTG Start Date	20/02/2023
Product Category	Medicine
Status	Active
Approval Area	Listed Medicines

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Advanced Magnesium+

Product Type	Single Medicine Product	Effective Date	20/02/2023
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Permitted Indications

Helps convert (state food) into energy
Maintain/support energy production
Aids/assists teeth development
Maintain/support healthy teeth
Maintain/support bone health
Aids/assists healthy bone development/growth/building
Maintain/support bone mass/density/integrity
Maintain/support heart health
Decrease/reduce/relieve muscle cramps when dietary intake is inadequate
Helps reduce occurrence of muscle cramp when dietary intake is inadequate
Maintain/support healthy muscle contraction function
Maintain/support muscle function
Maintain/support muscle relaxation
Aid/assist/helps glucose/sugar/carbohydrate metabolism
Aid/assist/helps protein synthesis in the body
Maintain/support nervous system health
Maintain/support nervous system function

Indication Requirements

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.



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Product presentation must not imply or refer to serious cardiovascular conditions.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

No Warnings included on Record

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

magnesium amino acid chelate	250 mg
Equivalent: magnesium	50 mg
magnesium citrate	626.57 mg
Equivalent: magnesium	100 mg
magnesium glycinate dihydrate	434.29 mg
Equivalent: magnesium	50.64 mg

Other Ingredients (Excipients)

Carnauba Wax
chlorophyllin-copper complex
colloidal anhydrous silica
croscarmellose sodium
crospovidone
hydrogenated vegetable oil
hypromellose
macrogol 400
magnesium stearate
microcrystalline cellulose
povidone

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