



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	408265	My Immune Support
ARTG entry for	Medicine Listed	
Sponsor	Thera Health Pty Ltd	
Postal Address	18/93 Rivergate Place, Murarrie, QLD, 4172 Australia	
ARTG Start Date	1/05/2023	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . My Immune Support

Product Type	Single Medicine Product	Effective Date	1/05/2023
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Permitted Indications

Antioxidant/Reduce free radicals formed in the body
Maintain/support general health and wellbeing
Anti-inflammatory/relieve inflammation
Maintain/support healthy immune system function
Maintain/support immune system to fight illness
Helps reduce occurrence of symptoms of upper respiratory tract infections

Indication Requirements

Product presentation must not imply or refer to serious immunological diseases.

Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice (or words to that effect).

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components		
1 . Formulation 1		
Dosage Form	Capsule, hard	
Route of Administration	Oral	
Visual Identification		
Active Ingredients		
ascorbic acid		125 mg
Astragalus membranaceus root Extract dry concentrate		100 mg
Equivalent: Astragalus membranaceus (Dry)		1.5 g
Ganoderma lucidum fruiting body Extract dry concentrate		14.3 mg
Equivalent: Ganoderma lucidum (Dry)		500 mg
Lentinula edodes fruiting body Extract dry concentrate		50 mg
Equivalent: Lentinula edodes (Dry)		500 mg
Schisandra chinensis fruit Extract dry concentrate		50 mg
Equivalent: Schisandra chinensis (Dry)		250 mg
selenomethionine		31 microgram
Equivalent: selenium		12.5 microgram
Trametes versicolor whole plant Extract dry concentrate		25 mg
Equivalent: Trametes versicolor (Dry)		250 mg
Withania somnifera root Extract dry concentrate		50 mg
Equivalent: Withania somnifera (Dry)		600 mg
zinc citrate dihydrate		23.36 mg
Equivalent: zinc		7.5 mg
Other Ingredients (Excipients)		
colloidal anhydrous silica		
hypromellose		
leucine		
maltodextrin		
microcrystalline cellulose		

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