



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

**Summary for ARTG Entry:** 408592 Astra Recharge

**ARTG entry for** Medicine Listed  
**Sponsor** Herbs of Gold Pty Ltd  
**Postal Address** PO Box 3143, KIRRAWEE, NSW, 2232  
Australia  
**ARTG Start Date** 8/05/2023  
**Product Category** Medicine  
**Status** Active  
**Approval Area** Listed Medicines

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Astra Recharge

Product Type	Single Medicine Product	Effective Date	8/05/2023
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### Permitted Indications

Antioxidant/Reduce free radicals formed in the body  
Traditionally used in Chinese medicine to increase/augment/generate/promote/strengthen qi  
Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish Qi  
Maintain/support energy levels  
Aids/assists with recovery from illness/convalescence  
Relieve feelings of general malaise/general debility  
Relieve weariness/tiredness/fatigue/feeling of weakness  
Maintain/support immune system health  
Maintain/support healthy immune system function  
Enhance/promote body adaptation to stress  
Support healthy stress response in the body  
Decrease/reduce/relieve symptoms of stress  
Maintain/support mental concentration/focus/clarity  
Maintain/support mental endurance/stamina  
Maintain/support cognitive function/mental function  
Decrease/reduce/relieve sleeplessness  
Enhance/improve/promote/increase sleep quality/deep sleep  
Traditionally used in Chinese medicine to loosen chest phlegm  
Traditionally used in Chinese medicine to decrease/reduce excess mucous  
Traditionally used in Chinese medicine to expectorant/clear respiratory tract mucous  
Traditionally used in Chinese medicine to decrease/reduce/relieve cough

### Indication Requirements

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice (or words to that effect).

Label statement: If symptoms persist, talk to your health professional.



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Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to chronic fatigue syndrome.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

No Warnings included on Record

#### Additional Product information

#### Pack Size/Poison information

##### Pack Size

##### Poison Schedule

#### Components

##### 1 . Formulation 1

**Dosage Form** Tablet, film coated

**Route of Administration** Oral

##### Visual Identification

##### Active Ingredients

<b>Astragalus membranaceus root Extract dry concentrate</b>	<b>325 mg</b>
Equivalent: Astragalus membranaceus (Dry)	6.5 g
<b>Eleutherococcus senticosus root Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Eleutherococcus senticosus (Dry)	1.5 g
<b>Ganoderma lucidum fruiting body Extract dry concentrate</b>	<b>37.5 mg</b>
Equivalent: Ganoderma lucidum (Dry)	750 mg
<b>Ocimum tenuiflorum herb top Extract dry concentrate</b>	<b>125 mg</b>
Equivalent: Ocimum tenuiflorum (Dry)	2.5 g
<b>Schisandra chinensis fruit Extract dry concentrate</b>	<b>50 mg</b>
Equivalent: Schisandra chinensis (Dry)	1000 mg

##### Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate  
Carnauba Wax  
colloidal anhydrous silica  
croscarmellose sodium  
crospovidone  
hypromellose  
macrogol 400  
magnesium stearate  
maltodextrin  
microcrystalline cellulose  
povidone

# Public Summary

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