



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	426906	Natal Support
ARTG entry for	Medicine Listed	
Sponsor	Honest Health Co Pty Ltd	
Postal Address	44 Seabrook Street, Elanoka, QLD, 4221 Australia	
ARTG Start Date	25/10/2023	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Products

1 . Natal Support

Product Type	Single Medicine Product	Effective Date	25/10/2023
---------------------	-------------------------	-----------------------	------------

Permitted Indications

Helps maintains/support healthy foetal CNS/brain development
Maintains/support healthy foetal development
Maintain/support healthy pregnancy
Maintain/support maternal health
Maintain/support preconception health in females
Helps prepare the body for pregnancy
Aid/assist healthy thyroid hormone production for pregnancy
Maintain/support healthy thyroid gland function for pregnancy

Indication Requirements

Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
Indication can only be used for medicines that contain iodine as a mandatory component of one or more permitted active ingredients and the recommended daily dose of the medicine provides a minimum of 150 micrograms of iodine.
Product presentation must not imply or refer to any thyroid related diseases.
Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.
If directed to women, Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
Product presentation must not imply or refer to infertility.
Label statement: If you have pre-existing thyroid conditions, seek advice from your medical practitioner before taking this medicine.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.
Do not take while on warfarin therapy without medical advice.
WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
[Contains vitamin B6].

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
------------------	------------------------

Components

1 . Formulation 1

Dosage Form	Capsule, hard
Route of Administration	Oral



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Visual Identification

Active Ingredients

Biotin	.15 mg
calcium pantothenate	27.29 mg
Equivalent: pantothenic acid	25 mg
choline bitartrate	486.26 mg
Equivalent: choline	200 mg
chromium picolinate	.2011 mg
Equivalent: chromium	.025 mg
colecalfiferol	.0125 mg
Dunaliella salina cell Powder	30 mg
levomefolate calcium	.271 mg
Equivalent: levomefolic acid	.25 mg
manganese sulfate monohydrate	3.07 mg
Equivalent: manganese	1 mg
mecobalamin	.25 mg
menaquinone 7	.03 mg
molybdenum trioxide	.0375 mg
Equivalent: molybdenum	.025 mg
nicotinamide	20 mg
phytomenadione	.045 mg
potassium iodide	.1766 mg
Equivalent: iodine	.135 mg
pyridoxal 5-phosphate monohydrate	31.35 mg
Equivalent: pyridoxine	20 mg
riboflavin sodium phosphate	13.16 mg
Equivalent: riboflavin	10 mg
selenomethionine	.1242 mg
Equivalent: selenium	.05 mg
thiamine nitrate	12.34 mg
Equivalent: thiamine	10 mg
ubidecarenone	30 mg
zinc glycinate	40.82 mg
Equivalent: zinc	12.5 mg

Other Ingredients (Excipients)

Acacia
colloidal anhydrous silica
dl-alpha-tocopherol
hypromellose
magnesium stearate
maize starch
medium chain triglycerides
microcrystalline cellulose
Olive Oil
silicon dioxide
sucrose

Public Summary